

# New Fairfield Senior Center


[www.newfairfieldseniorcenter.com](http://www.newfairfieldseniorcenter.com)

# September 2022

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>\$ indicates fees and pre-Registration required *indicates pre-registration Required Lunch requires reservation</p>	<p>Caregiver's Group Meeting Saturday, September 10 At 10:00</p>	<p>Lion's Club Picnic Saturday, September 24 12-3 At the New Fairfield Senior Center</p> 	<p>9:00 French, 9:30 Movers and Shapers\$, 10:00 Art Class \$ 10:00 Blood Pressure Screening*, 11:00 Bodies In Motion, 1:00 Cards n Games 1:00 Canasta, <b>1:30 Origami*</b> 3:00 Cornhole*</p>	<p>9:30 Stitch by Stitch Quilting, 10:00 Yoga\$, 10:00 Garden Club Meeting 1:00 Fair Crafts, <b>1:00 Movie: Coda</b></p>
<p><b>5</b></p> <p>Senior Center Closed For Labor Day</p>	<p><b>6</b></p> <p>9:00 Walkers:Pootatuck Trail, NF 9:30 Tai Chi\$, 9:30 Stitch by Stitch Quilting, 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Cards 1:30Investments Club 2:00 Shooting Pool</p>	<p><b>7</b></p> <p>9:30 Zumba\$ 10:00 Art Class\$ 10:00 Sit 'n Stitch, 11:00 Bodies in Motion, 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games 1:00 Tech Help by Appt.* 3:00 Prayers for Peace*, 5:15 Yoga\$</p>	<p><b>8</b></p> <p>9:00 French, 9:30 Movers and Shapers\$, 10:00 Art Class \$ 10:00 COA Listening Session*, 10:00 Blood Pressure Screening*, 11:00 Bodies In Motion, <b>1:00 Cooking w/Putti: Burritos &amp; Tacos</b> 1:00 Cards n Games 1:00 Canasta, 3:00 Cornhole*</p>	<p><b>9</b></p> <p>9:30 Stitch by Stitch Quilting, 10:00 Yoga 10-12pm <b>Probate Judge Martin Landgrebe*</b> 1:00 Fair Crafts, <b>1:00 Movie: St. Vincent</b></p>
<p><b>12</b></p> <p>9:30 Zumba\$ 11:00 Bodies In Motion 11:30 Curbside Pickup for Lunch\$ 1:00 Hot Dog Bingo\$ 1:00 Tech Help by Appt.*</p>	<p><b>13</b></p> <p>8:30 Men's Breakfast* 9:30 Tai Chi\$, 9:30 Stitch by Stitch Quilting, 10:30 Walkers Club Meeting\$ 10:30 Khris Hall Listening Session* 10:30 Haircuts w/ Linda 203-512-5365\$ 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Cards, 1:30 Investment Club, 2:00 Shooting Pool</p>	<p><b>14</b></p> <p>9:30 Zumba\$ 10:00 Art Class\$ , 10:00 Sit n Stitch, 11:00 Bodies in Motion, 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 12:30 Bereavement *, 1:00 Cards n Games 1:00 Tech Help by Appt.* 2:00 Massages by Scott\$, <b>2:00 The 10 Warning Signs of Alzheimer's</b></p>	<p><b>15</b></p> <p>9:00 French, 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening <b>10:30 Tour to Green Chimneys*</b> 11:00 Bodies in Motion 1:00 Cards n Games, 1:00 Canasta <b>1:30 Cornhole* (New Milford Senior Center</b></p>	<p><b>16</b></p> <p>9:30 Stitch by Stitch Quilting, 10:00 Yoga\$ 1:00 Fair Crafts <b>1:00 Movie: Used People</b></p>
<p><b>19</b></p> <p><b>9:00 AAADriving Class*</b> <b>9:30 Casino Bus Departs\$</b> 9:30 Zumba\$ 11:00 Bodies In Motion 11:30 Curbside Pickup for Lunch\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune*</p>	<p><b>20</b></p> <p><b>9:00 Walkers: Wooster Cemetery,</b> 9:30 Tai Chi\$, 10:00 Stitch by Stitch Quilting, 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Cards 1:00 Kathy;s Discussion Group* 1:30 Investment Club 2:00 Shooting Pool</p>	<p><b>21</b></p> <p><b>7:30 Bus Departs for Lexington</b> 9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion, 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 12:30 Bereavement*, 1:00 Tech Help by Appt.* 1:00 Cards n Games , <b>1:30 Bunco\$</b> <b>3:00 Friends Meeting, 5:15 Yoga\$</b></p>	<p><b>22</b></p> <p>9:00 French 9:30 Movers and Shapers \$ 10:00 Art Class \$ 10:00 Blood Pressure Screening 11:00 Bodies In Motion, 1:00 Cards n Games, 1:00 Canasta, <b>1:30 Reverse Mortgage*</b> 3:00 Cornhole*</p>	<p><b>23</b></p> <p>9:30 Stitch by Stitch Quilting, 10:00 Yoga\$ 1:00 Fair Crafts 1:00 Movie: Driving Miss Daisy</p>
<p><b>26</b></p> <p>9:30 Zumba\$ 11:00 Bodies In Motion 11:30 Curbside Pickup for Lunch\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune*</p>	<p><b>27</b></p> <p><b>9:00 Foot Reflexology\$</b> 9:00 Walkers: Harry Brooke Park 9:30 Tai Chi\$, 10:00 Stitch by Stitch Quilting, 10:30 Khris Hall Listening Session* 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Red Hat Luncheon\$, 1:00 Cards 1:30 Investment Club 2:00 Shooting Pool, 7:30 COA Meeting</p>	<p><b>28</b></p> <p>9:30 Zumba\$ 10:00 Art Class\$ 10:00 Sit 'n Stitch, 11:00 Bodies in Motion, 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 12:30 Bereavement* 1:00 Cards n Games 1:00 Tech Help by Appt.* 5:15 Yoga\$</p>	<p><b>29</b></p> <p>9:00 French 9:30 Movers and Shapers \$ 10:00 Art Class \$ 10:00 Blood Pressure Screening 11:00 Bodies In Motion, 11:00 Women's Book Club\$ 1:00 Cards n Games, 1:00 Canasta, <b>1:00 Tick and Mosquito Control*</b> 3:00 Cornhole*</p>	<p><b>30</b></p> <p>9:30 Stitch by Stitch Quilting, 10:00 Yoga\$ 1:00 Fair Crafts 1:00 Movie: Camilla</p>