

New Fairfield Senior Center



www.newfairfieldseniorcenter.com

September 2021

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Don't miss the Craft Fair and Bake Sale Saturday, October 30 9:00-3:00</p> 	<p>Caregivers' Group Meeting Saturday, September 4 At 10:00</p> <hr/> <p>New Fairfield Seniors Small Art Show Saturday, September 18 10:00-3:00</p>	<p>9:30 Zumba\$ 1 10:00 Painting\$, 10:00 Sit n' Stitch 11:00 Bodies in Motion, 11:00 Bronx Club Meeting, 11:00-12:00Curbside Pickup for Lunch\$, 12:30 HHQ Quilters, 12:30 Sittercise 12:30 Bereavement Group* 1:00 Tech Help by Appt.* 1:00 Cards, 1:00 Cribbage</p>	<p>9:00 French* 2 9:30 Movers and Shapers\$ 10:00 Drawing Class\$ 11:00 Bodies In Motion, 1:00 Canasta 1:00 Cards 3:00 Cornhole</p>	<p>10:00 Moderate Yoga\$ 3 10:00 Garden Club Meeting - TBD 10:30 Meditation * 1:00 Movie: Little Women 1:00 Crafts* 1:30 Kayaking</p>
<p>6 Senior Center Closed for Labor Day</p> 	<p>7 9:00 Walkers: Fairfield Hills, Newtown 10:00 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 1:00 Gentle Yoga\$, 1:00 Mah Jongg 1:30 Investment Club, 2:00 Shooting Pool</p>	<p>8 9:30 Zumba\$ 10:00 Painting\$, 10:00 Sit n' Stitch 11:00 Bodies in Motion, 11:00-12:00Curbside Pickup for Lunch\$, 12:30 HHQ Quilters, 12:30 Sittercise 12:30 Bereavement Group* 1:00 Tech Help by Appt.* 1:00 Cards, 1:00 Cribbage 2:00 Massages by Scott\$ 5:15 Yoga\$</p>	<p>9 9:00 French* 9:30 Movers and Shapers\$ 10:00 Drawing \$ 10:00 COA Listening Session* 11:00 Bodies In Motion, 1:00 Canasta 1:00 Cards 3:00 Cornhole</p>	<p>10 10:00 Moderate Yoga\$, 10-12 Probate Judge Martin Lendgrebe* 10:30 Meditation* 1:00 Movie: JoJo Rabbit 1:00 Crafts* 1:30 Kayaking</p>
<p>13 9:30 Zumba\$ 11:00 Bodies in Motion 11:30-12 Curbside Pickup for Lunch\$, 1:00 Hot Dog Bingo*, 1:00 Tech Help by Appt.*</p>	<p>14 9:30 Tai Chi\$, 10:00 Stitch by Stitch Quilting, 10:30 Khris Hall Listening Session* 10:30 Walkers Club Meeting 11:00 Garden Club Picnic 1:00 Mr. Fix It*, 1:00 Gentle Yoga\$ 1:00 Mah Jongg 1:00 Kathy's Discussion Group*, 1:30 Investment Club, 2:00 Shooting Pool</p>	<p>15 9:30 Zumba\$ 10:00 Sit n' Stitch 10:00 Painting\$ 11:00 Bodies in Motion, 11:00-12:00Curbside Pickup for Lunch\$, 12:30 HHQ, 12:30 Bereavement Group* 12:30 Sittercise, 1:00 Ad Blockers with Steven* 1:00 Cards, 1:00 Cribbage 4:00 Friends Meeting 5:15 Yoga\$</p>	<p>16 9:00 French* 9:30 Movers and Shapers\$ 10:00 Drawing Class\$ 11:00 Bodies in Motion 1:00 Author Talk with Richard Cacace 1:00 Canasta 1:00 Cards 3:00 Cornhole</p>	<p>17 9-12:00 Standardized Patients 12:30-2:00 Standardized Patients 10:00 Moderate Yoga\$ 10:30 Meditation* 1:00 Movie: Yesterday 1:00 Crafts* 1:30 Kayaking</p>
<p>20 9:30 Zumba\$ 11:00 Bodies in Motion 11:30-12 Curbside Pickup for Lunch\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune 2:30 Fall Prevention Zoom</p>	<p>21 9:30 Tai Chi\$, 9:00 Walkers: Rogers Park, Danbury 10:00 Stitch by Stich Quilting, 1:00 Gentle Yoga\$, 1:00 Mah Jongg 1:30 Investment Club, 2:00 Shooting Pool</p>	<p>22 9:30 Zumba\$ 10:00 Painting\$, 10:00 Sit N' Stitch 11:00 Bodies in Motion, 11:00-12:00Curbside Pickup for Lunch\$, 12:30 HHQ Quilters, 12:30 Bereavement Group*, 12:30 Sittercise 1:00 Tech Help by Appt.* 1:00 Cards, 1:00 Cribbage 1:00 Bunco* 5:15 Yoga\$</p>	<p>23 9:00 French* 9:30 Movers and Shapers\$ 10:00 Drawing Class \$ 11:00 Bodies In Motion, 11:00 Women's Book Club\$ 1:00 Canasta, 1:00 Cards 1:30 Estate Planning * 3:00 Cornhole</p>	<p>24 10:00 Moderate Yoga\$ 10:30 Meditation* 1:00 Movie Blinded by The Light 1:00 Crafts* 1:30 Kayaking</p>
<p>27 9:30 Zumba\$ 11:00 Bodies in Motion 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 Foot Reflexology\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune</p>	<p>28 9:00 Walkers:Tarrywile Park 10:00 Stitch by Stich Quilting, 10:30 Khris Hall Listening Session*, 1:00 Gentle Yoga\$, 1:00 Mah Jongg 1:00 Red Hat Luncheon* 1:30 Investment Club, 2:00 Shooting Pool 7:30 COA Meeting</p>	<p>29 9:30 Zumba\$ 10:00 Painting\$, 10:00 Sit N' Stitch 11:00 Bodies in Motion, 11:00-12:00Curbside Pickup for Lunch\$, 12:30 HHQ Quilters, 12:30 Sittercise, 12:30 Bereavement Group* 1:00 Tech Help by Appt.* 1:00 Cards, 1:00 Cribbage 5:15 Yoga\$</p>	<p>30 9:00 French* 9:30 Movers and Shapers\$ 10:00 Drawing Class \$ 11:00 Bodies In Motion, 1:00 Canasta, 1:00 Cards 1:00 "Preparing for Medicare Open Enrollment" WCAA* 3:00 Cornhole</p>	<p>\$ indicates fee and pre-registration required *Indicates Pre-registration required Lunch requires reservation</p>