

CW Resources Senior Community Café

# September, 2018

1% or Skim milk provided  
Suggested Donation  
\$3.00

Margarine available  
Must call 203-312-5665  
by Thursday AM of prior  
week for a reservation

**MENU ITEMS SUBJECT TO CHANGE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p><b>Labor Day Closed</b></p> 	<p>4</p> <p>Cranberry Juice Country Fried Chicken Country Gravy Mashed Potato Italian Blend Veggies</p> <p>Italian Bread</p> <p>Mandarin Oranges</p>	<p>5</p> <p>Grape Juice Roast Pork Applesauce Gravy Sesame Noodles Buttered Beets</p> <p>100% W.W. Bread</p> <p>Birthday Cake</p>	<p>6</p> <p>Pasta Fagioli Unsalted Crackers Chicken Breast Sandwich Lettuce and Tomato Sweet Potato Tots Cole Slaw Mayonnaise Sesame Bun</p> <p>Peaches</p>	<p>7</p> <p>Parmesan Crusted Pollock Baked Potato Scandinavian Veggies Sour Cream</p> <p>Multi Grain Bread Baked Apples with Whipped Topping</p>
<p>10</p> <p>Swedish Meatballs Wide Egg Noodles Peas and Carrots</p> <p>Pumpernickel Bread</p> <p>Citrus Selections</p>	<p>11</p> <p>Cream of Broccoli Unsalted Crackers Southern Grilled Chicken Salad with Olives, Tomatoes, Black Beans, and Corn Dressing Corn Muffin</p> <p>Cinnamon Applesauce</p>	<p>12</p> <p>Sliced Ham with Pineapple Glaze Mashed Potato Geneva Blend Veggies</p> <p>Rye Bread</p> <p>Tropical Fruit Cup</p>	<p>13</p> <p>Cranberry Juice Lemon Pepper Fish Cheesy Rice Broccoli</p> <p>Pumpernickel Bread</p> <p>Chocolate Pudding</p>	<p>14</p> <p>Apple Juice Sweet and Sour Chicken Thighs Sesame Noodles Oriental Blend Veggies</p> <p>Dinner Roll</p> <p>Brownie</p>
<p>17</p> <p>Salisbury Steak Mushroom Gravy Au Gratin Potatoes Scandinavian Veggies</p> <p>Rye Bread</p> <p>Fruit Cocktail</p>	<p>18</p> <p>LS Tomato Basil Soup Unsalted Crackers Broccoli, Potato, Sausage Crumble, Egg Bake Spinach</p> <p>Biscuit</p> <p>Fresh Fruit Salad</p>	<p>19</p> <p>Orange Juice Baked Chicken Parmesan Rigatoni with Sauce Romaine Salad Italian Dressing</p> <p>Italian Bread</p> <p>Cinnamon Applesauce</p>	<p>20</p> <p>Cranberry Juice Veal Picatta Mashed Potato Winter Squash</p> <p>Dinner Roll</p> <p>Oatmeal Raisin Cookie</p>	<p>21</p> <p>Grape Juice Turkey Tetrizzini Brown Rice California Blend Veggies</p> <p>Pumpernickel Bread</p> <p>Ice Cream Cup</p>
<p>24</p> <p>Potato Leek Soup Unsalted Crackers Rib-B-Que Baked Beans Cole Slaw</p> <p>Cornbread</p> <p>Mandarin Oranges</p>	<p>25</p> <p>Apple Juice Herbed Chicken Legs Cheesy Rice Oriental Blend Veggies</p> <p>100% Whole Wheat Warm Peach Cobbler with Topping</p>	<p>26</p> <p>Homemade Meatloaf Onion Gravy Sweet Potato Peas</p> <p>Potato Bread</p> <p>Cantaloupe</p>	<p>27</p> <p>Cranberry Juice Open Faced Turkey Sandwich with Gravy Buttered Noodles Carrots</p> <p>Apple Pie</p>	<p>28</p> <p>Codfish Cakes Steak Fries Tossed Spinach Salad Greek Dressing Broccoli Ketchup</p> <p>Multigrain Bread</p> <p>Tropical Fruit Cup</p>

