

# New Fairfield Senior Center



[www.newfairfieldseniorcenter.com](http://www.newfairfieldseniorcenter.com)

# OCTOBER 2018

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>9:30 Zumba\$ 10:30 Mah Jongg 10:30 Bodies In Motion 12:00 Lunch <b>1:00 Flu Clinic,</b> <b>1:15 Hot Dog Bingo,</b> 2:30 Piano Lessons\$, 5:15 Yoga\$</p>	<p>2</p> <p><b>8:30 Mens Breakfast,</b> <b>9:00 Walkers Harrybrooke Park,</b> 9:30 Movers and Shapers\$ 9:30 Stitch by Stitch Quilting, 11:00 Your Electric Bill 10:30 Tai Chi\$, 12:00 Lunch, 1:00 Investments, 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards n Games, <b>2:00 Garden Dedication,</b> <b>3:00 Hospitality Meet and Greet</b> 3:00 Shooting Pool</p>	<p>3</p> <p>9:00 Painting Class\$, 9:30 Zumba\$ 10:00 Sit 'n Stitch. 10:45 Weight Training , 11:00 Bronx Club 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise,1:00 Cards and Games, <b>1:00 Fall Prevention Presentation*</b> <b>2:00 Woodcarving\$</b></p>	<p>4</p> <p><b>9:00 French</b> 9:30 Movers and Shapers\$, 10:00 Drawing Class\$ 10:45 Bodies In Motion, 12:00 Lunch, 1:00 Cards/Games, 1:00 Canasta, <b>1:00 New Moon*</b>, <b>2:00 Sweethart Bus Meeting*</b>, <b>3:00 Computer Help*</b></p>	<p>5</p> <p>9:00 Yoga 9:30 Stitch by Stitch Quilting 10:00 Garden Club Meeting 10:30 Bridge*, 12:00 Lunch, 1:00 Fair Craft <b>1:00 Movie: A Wrinkle In Time</b></p>
<p>8</p> <p><b>Closed for Columbus Day</b></p> 	<p>9</p> <p><b>9:00 Bus Departs to Oktoberfest</b> 9:30 Movers and Shapers\$ 9:30 Stitch by Stitch Quilting, 10:30 Walker's Meeting, 10:30 Haircuts w/ Linda 203-512-5365\$, 10:30 Tai Chi\$, 11:00 Your Electric Bill 12:00 Lunch, 1:00 Investments, 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards n Games, 1:00 Mr. Fix It 3:00 Shooting Pool</p>	<p>10</p> <p>9:00 Painting Class\$, <b>9:00 AARP Driving Class\$,</b> 9:30 Zumba\$ 10:00 Sit 'n Stitch, 10:45 Weight Training 11:30 Brian on Piano, 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise,1:00 Cards n Games 2:00 Massages by Scott <b>2:00 Woodcarving\$</b></p>	<p>11</p> <p>9:00 French, 9:00 BP Screening, 9:30 Movers and Shapers\$, 10:00 Drawing \$ 10:45 Bodies In Motion\$, 11:00 Women's Book Club, 12:00 Lunch, 1:00 Cards n Games 1:00 Canasta 3:00 Computer Help*</p>	<p>12</p> <p>9:00 Yoga\$, 10-12pm <b>Probate Judge Martin Landgrebe</b> 9:30 Stitch by Stitch Quilting, 10:30 Bridge*, 12:00 Lunch, 1:00 Fair Crafts, <b>1:00 Movie: Only The Brave</b></p>
<p>15</p> <p>9:30 Zumba\$, , 10:30 Mah Jongg 10:45 Bodies in Motion 12:00 Lunch , 1:00 Cards n Games, <b>1:00 Bible Study*</b>, 2:30 Piano Lessons\$, 5:15 Yoga\$</p>	<p>16</p> <p>9:00 Walker's to Dyke's Point 9:30 Movers and Shapers 9:30 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 11:00 Your Electric Bill, 12:00 Lunch, 1:00 Blood Pressure Screening 1:00 Investment Club, 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Cards n Games, 3:00 Shooting Pool</p>	<p>17</p> <p>9:00 Environment Corps Bkfst * 9:00 Painting Class\$, 9:30 Zumba\$ 10:00 Sit 'n Stitch 10:45 Weight Training, 12:00 Lunch, 12:30 HHQ, 12:45 Sittercise, <b>1:00 Flu Clinic,</b> 1:00 Cards n Games, <b>2:00 Massages by Scott, 2:00 Woodcarving\$,</b> <b>2:30 Live Dive*, 4:00 Friend's Meeting</b></p>	<p>18</p> <p>9:00 French, 9:30 Movers and Shapers\$ 10:00 Drawing Class\$ 10:45 Bodies in Motion 11:00 Women's Book Club 12:00 Lunch, 1:00 Cards n Games, 1:00 Canasta, <b>1:00 In's and Out's of Medicare*</b>, 3:00 Computer Help*</p>	<p>19</p> <p>9:00 Yoga\$ <b>9:00 Shingrex Vaccine\$,</b> 9:30 Stitch by Stitch Quilting 10-12:00 <b>Flavio's Holistic Healing*</b> 10:30 Bridge*, 12:00 Lunch, 1:00 Fair Crafts <b>1:00 Movie: Father Figures</b> <b>1:15 Bingo</b></p>
<p>22</p> <p>9:30 Zumba\$ 10:00 Foot Reflexology w/Kim Stewart\$ 10:30 Mah Jongg 10:45 Bodies in Motion 12:00 Lunch,1:00 Cards n Games, 1:00 Medicare.gov PlanFinder * 2:30 Piano Lessons\$,5:15 Yoga\$</p>	<p>23</p> <p>9:30 Movers and Shapers 9:30 Stitch by Stitch Quilting, <b>10:30 Tai Chi\$,</b> 11:00 Your Electric Bill, 12:00 Lunch, 1:00 Investment Club, 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Cards n Games, <b>2:00 Kathy's Discussion Group,</b> 3:00 Shooting Pool</p>	<p>24</p> <p>9-2:00 CHOICES counseling* 9:00 Painting Class\$, 9:30 Zumba\$ 10:00 Sit 'n Stitch. 10:45 Weight Training <b>11:00 Hearst Castle Part 2*,</b> 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise,1:00 Cards and Games, 1:00 Bunco*, 2:00 Massages by Scott</p>	<p>25</p> <p><b>9:00 French</b> 9:30 Movers and Shapers \$ 10:00 Drawing Class \$ <b>10:30 Bus Departs to Stockbridge,</b> 10:45Bodies In Motion, 12:00 Lunch, 1:00 Cards n Games 1:00 Canasta, 3:00 Computer Help*</p>	<p>26</p> <p>9:00 Yoga\$ <b>9:00 Walkers Poughkeepsie Bridge,</b> 9:30 Stitch by Stitch Quilting 10:30 Bridge*, 12:00 Lunch 1:00 Cards n Games <b>1:00 Movie: Book Club</b></p>
<p>29</p> <p>9:30 Zumba\$ 10:30 Mah Jongg 10:45 Bodies in Motion 12:00 Lunch, 1:00 Cards n Games, 2:30 Piano Lessons\$,5:15 Yoga\$</p>	<p>30</p> <p>9:00 Newtown Walk 9:30 Movers and Shapers 9:30 Stitch by Stitch Quilting, <b>10:30 Tai Chi\$,</b> 11:00 Your Electric Bill, 12:00 Lunch, 1:00 Investment Club, 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Cards n Games, 1:00 Red Hatters Luncheon 3:00 Shooting Pool</p>	<p>31</p> <p>9:00 Painting Class\$, 9:30 Zumba\$ 10:00 Sit 'n Stitch. 10:45 Weight Training 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise, <b>1:00 Halloween-Aversary Party\$,</b> 1:00 Cards and Games,</p>		<p>\$ indicates fee and pre-registration required * indicates pre-registration required Lunch requires reservation see other side for menu and info</p>