

New Fairfield Senior Center



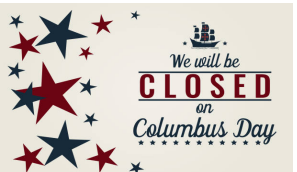
www.newfairfieldseniorcenter.com

October 2021

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>\$ indicates fee and pre-registration required *Indicates Pre-registration required Lunch requires reservation</p>	<p><i>Caregivers' Group meeting</i> <i>Saturday, October 2</i> <i>At 10:00 am</i></p>	<p>Halloween Aversary Party October 27 1:30</p> 	<p>Don't miss the Craft Fair and Bake Sale Saturday, October 30 9:00-3:00</p> 	<p>1</p> <p>10:00 Moderate Yoga 10:00 Garden Club Meeting 10:00 Stitch by Stitch Quilting 10:30 Meditation 1:00 Movie: Queen Bees 1:00 Crafts* 1:30 Kayaking</p>
<p>4</p> <p>9:30 Zumba\$ 11:00 Bodies in Motion 11:30-12 Curbside Pickup for Lunch\$, 1:00 Hot Dog Bingo*, 1:00 Tech Help by Appt.*</p>	<p>5</p> <p>9:00 Walkers: Brookfield Greenway 9:30 Tai Chi\$, 10:00 Stitch by Stitch Quilting 1:00 Gentle Yoga\$, 1:00 Mah Jongg 1:30 Investment Club, 2:00 Shooting Pool 3:00 Brick Dedication</p>	<p>6</p> <p>9:30 Zumba\$ 10:00 Painting\$, 10:00 Sit n' Stitch 11:00 Bronx Club with AUTHOR TALK - Neil DeFillippo 11:00 Bodies in Motion, 11:00-12:00Curbside Pickup for Lunch\$, 12:30 HHQ Quilters, 12:30 Sittercise* 12:30 Bereavement* 1:00 Tech Help 1:00 Blood Type Diet w/ T. Lent* 1:00 Cribbage, 1:00 Cards, 5:15 Yoga\$</p>	<p>7</p> <p>9:00 French, 9:30 Movers and Shapers\$ 10:00 Drawing \$ 11:00 Bodies In Motion, 1:00 Canasta 1:00 Medicare Talk* 3:00 Cornhole</p>	<p>8</p> <p>10:00 Moderate Yoga\$, 10-12 Probate Judge Martin Lendgrebe 10:00 Stitch by Stitch Quilting 10:30 Meditation 1:00 Movie: Green Book 1:00 Crafts* 1:30 Kayaking</p>
 <p>11</p>	<p>12</p> <p>9:30 Tai Chi\$ 10:00 Stitch by Stitch Quilting, 10:30 Khris Hall Listening Session* 10:30 Walkers Club Meeting 1:00 Mr. Fix It*, 1:00 Gentle Yoga\$ 1:00 Mah Jongg, 1:30 Investment Club, 1:00 Flu Shots by CVS* 2:00 Shooting Pool</p>	<p>13</p> <p>9:30 Zumba\$ 10:00 Sit n' Stitch, 10:00 Painting\$ 11:00 Bodies in Motion, 11:00-12:00Curbside Pickup for Lunch\$, 12:30 HHQ, 12:30 Bereavement Group* 12:30 Sittercise* 1:00 Tech Help by Appt.* 1:00 Cards, 1:00 Cribbage 1:30 Exploring the Deep* 2:00 Massages by Scott\$, 5:15 Yoga&</p>	<p>14</p> <p>9:00 French 9:30 Movers and Shapers\$ 10:00 Drawing Class\$ 10:00 COA Listening Session* 11:00 Bodies in Motion 1:00 Canasta 1:00 Cards 1:00 Sweethart Bus Meeting* 3:00 Cornhole</p>	<p>15</p> <p>10:00 Moderate Yoga\$ 10:00 Stitch by Stitch Quilting 10:30 Meditation 1:00 Movie: When We Last Spoke 1:00 Crafts* 1:30 Kayaking</p>
<p>18</p> <p>9:30 Zumba\$ 11:00 Bodies in Motion 11:30-12 Curbside Pickup for Lunch\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune 3:00 The History of License Plates via Zoom*</p>	<p>19</p> <p>9-3:00 Medicare CHOICES appts. 9:30 Tai Chi\$ 10:00 Stitch by Stitch Quilting, 1:00 Gentle Yoga\$, 1:00 Mah Jongg 1:00Kathy's Discussion Group*, 1:00 Chalk Couture Art Projects 1:30 Investment Club, 2:00 Shooting Pool</p>	<p>20</p> <p>9:30 Zumba\$ 10:00 Painting\$, 10:00 Sit N' Stitch 11:00 Bodies in Motion, 11:00-12:00Curbside Pickup for Lunch\$, 12:30 HHQ Quilters, 12:30 Bereavement Group* 12:30 Sittercise*, 1:00 iPhone Essentials Workshop* 1:30 Bunco 1:00 Cards, 1:00 Cribbage 4:00 Friend's Meeting, 5:15 Yoga</p>	<p>21</p> <p>9:00 French 9-3:00 Medicare CHOICES appts. 9:30 Movers and Shapers\$ 10:00 Drawing Class \$ 11:00 Bodies In Motion, 1:00 Canasta, 1:00 Cards 1:00 Medicare Talk* 3:00 Cornhole</p>	<p>22</p> <p>Walkers: Poughkeepsie Bridge TBD 10:00 Moderate Yoga\$ 10:00 Stitch by Stitch Quilting 10:30 Meditation 1:00 Movie: Hocus Pocus 1:00 Crafts* 1:30 Kayaking</p>
<p>25</p> <p>9:30 Zumba\$ 11:00 Bodies in Motion 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 Foot Reflexology\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune</p>	<p>26</p> <p>9:00 Walkers: Sherman Track 9:00 AAA Driver Improvement 9:30 Tai Chi\$ 10:00 Stitch by Stitch Quilting, 10:30 Khris Hall Listening Session*, 1:00 Gentle Yoga\$, 1:00 Red Hat Luncheon* 1:00 Mah Jongg, 1:30 Investment Club, 2:00 Shooting Pool 7:30 COA Meeting</p>	<p>27</p> <p>9:30 Zumba\$ 10:00 Painting\$, 10:00 Sit N' Stitch 11:00 Bodies in Motion, 11:00-12:00Curbside Pickup for Lunch\$, 12:30 HHQ Quilters, 12:30 Bereavement Group* 12:30 Sittercise* 1:30 HalloweenAversary 5:15 Yoga\$</p>	<p>28</p> <p>9:00 French 9:30 Movers and Shapers\$ 10:00 Drawing Class \$ 11:00 Bodies In Motion, 11:00 Women's Book Club\$ 1:00 Canasta, 1:00 Cards 1:00 Flu Shots by RVNA* 3:00 Cornhole</p>	<p>29</p> <p>10:00 Moderate Yoga\$ 10:00 Stitch by Stitch Quilting 10:30 Meditation 1:00 Movie: Young Frankenstein 1:00 Crafts* 1:30 Kayaking</p>