

New Fairfield Senior Center


www.newfairfieldseniorcenter.com

November 2021

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
9:30 Zumba\$ 11:00 Bodies in Motion 11:30-12 Curbside Pickup for Lunch\$, 1:00 Hot Dog Bingo*, 1:00 Tech Help by Appt.* 3:00 Tree Decorating for Festival of Trees*	9:30 Walkers: Sega Meadows 9:30 Tai Chi\$ 10:00 Stitch by Stitch Quilting, 1:00 GentleYoga\$, 1:00 Mah Jongg 1:30 Investment Club, 2:00 Shooting Pool	9:30 Zumba\$ 10:00 Painting\$, 10:00 Sit n' Stitch 11:00 Bodies in Motion, 11:00-12:00Curbside Pickup for Lunch\$, 11:00 Bronx Club Meeting. 12:30 HHQ Quilters, 12:30 Sittercise, 12:30 Bereavement Group* 1:00 Tech Help by Appt.* 1:00 Cribbage, 1:00 Cards, 5:15 Yoga\$	9:00 French, 9:30 Movers and Shapers\$ 10:00 Drawing \$ 10:00 Blood Pressure Screening* 11:00 Bodies In Motion, 1:00 Canasta 3:00 Cornhole	10:00 Moderate Yoga 10:00 Garden Club Meeting 10:00 Stitch by Stitch Quilting 10:30 Meditation 1:00 Movie: Oliver 1:00 Crafts
8	9	10	11	12
9:30 Zumba\$ 11:00 Bodies in Motion 11:30-12 Curbside Pickup for Lunch\$, 1:00 Tech Help by Appt.* 1:00 Flu Shots* 1:30 Wheel of Fortune	9:30 Tai Chi\$, 10:00 Stitch by Stitch Quilting, 10:30 Khris Hall Listening Session*, 10:30 Walkers Club Meeting 10:30 Haircuts w/ Linda 203-512-5365\$, 1:00 GentleYoga\$, 1:00 Mah Jongg 1:00 Mr Fix It* 1:30 Investment Club, 2:00 Shooting Pool	9:30 Zumba\$ 10:00 Painting\$, 10:00 Sit n' Stitch 11:00 Bodies in Motion, 11:00-12:00Curbside Pickup for Lunch\$, 12:30 HHQ Quilters, 12:30 Sittercise 12:30 Bereavement Group* 1:00 Tech Help by Appt.* 1:00 Cribbage, 1:00 Cards, 1:30 Super Silver Trivia* 2:30 Veteran's Day Concert* 2:00 Massages by Scott\$ 5:15 Yoga\$	Senior Center Closed For Veteran's Day	10:00 Moderate Yoga\$, 10:00 Stitch by Stitch Quilting 10:30 Meditation 1:00 Movie: Fiddler on the Roof 1:00 Crafts*
15	16	17	18	19
9:30 Zumba\$ 11:00 Bodies in Motion 11:30-12 Curbside Pickup for Lunch\$, 12:00 Poetry by Tony Howarth* 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune 3:00 The Downsized Gourmet Zoom*	9:30 Walkers:Harrybrooke Park 9:30 Tai Chi\$, 10:00 Stitch by Stitch Quilting 1:00 Gentle Yoga\$ 1:00 Mah Jongg 1:30 Investment Club, 2:00 Shooting Pool	9:30 Zumba\$ 10:00 Sit n' Stitch, 10:00 Painting\$, 11:00 Bodies in Motion, 11:00-12:00Curbside Pickup for Lunch\$, 12:30 HHQ, 12:30 Bereavement Group* 12:30 Sittercise 1:00 Tech Help by Appt.* 1:00 Rummy* 1:00 Cards, 1:00 Cribbage, 1:30 Bunco\$ 4:00 Friend's Meeting 5:15 Yoga\$	9:00 French, 9:30 Movers and Shapers\$ 10:00 Drawing Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 1:00 Canasta 1:30 Restore Mobile Therapy* 3:00 Cornhole	10:00 Moderate Yoga\$ 10-12 Probate Judge Martin Lendgrebe 10:00 Stitch by Stitch Quilting 10:30 Meditation 1:00 Movie: The Music Man 1:00 Crafts*
22	23	24	25	26
9:30 Zumba\$ 11:00 Bodies in Motion 11:30-12 Curbside Pickup for Lunch\$ 12:30 Foot Reflexology\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune	9:30 Walkers: NO WALK TODAY 9:30 Tai Chi\$, 10:00 Stitch by Stitch Quilting, 10:30 Khris Hall Listening Session*, 1:00 Gentle Yoga\$, 1:00 Mah Jongg 1:00 Kathy's Discussion Group*, 1:30 Investment Club, 2:00 Shooting Pool	9:30 Zumba\$ 10:00 Painting\$, 10:00 Sit N' Stitch 11:00 Bodies in Motion, 11:00-12:00Curbside Pickup for Lunch\$, 12:30 HHQ Quilters, 1:00 Tech Help by Appt.*, 1:00 Rummy* 1:00 Cards, 1:00 Cribbage 5:15 Yoga\$	Happy Thanksgiving Senior Center Closed 	Senior Center Closed
29	30			
9:30 Zumba\$ 11:00 Bodies in Motion 11:30-12:00 Curbside Pickup for Lunch\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune	9:30 Walkers: Rogers Park 9:30 Tai Chi\$, 10:00 Stitch by Stitch Quilting, 1:00 Gentle Yoga\$, 1:00 Red Hat Luncheon* 1:00 Mah Jongg 1:30 Investment Club, 2:00 Shooting Pool 7:30 COA Meeting	\$ indicates fee and pre-registration required *Indicates Pre-registration required Lunch requires reservation	Caregiver's Group Meeting Saturday, November 6 At 10:00	<u>COMING IN DECEMBER</u> 12/2 Tree Decorating and Caroling 12/8 Holiday Trip 12/15 Holiday Party 1:00 New Year's Eve Countdown