



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>\$ indicates fee and pre-registration required * indicates pre-registration required Lunch requires reservation see other side for menu and info</p>		<p>9:00 French, 1 9:30 Movers and Shapers\$, 10:00 Drawing Class\$ 10:45 Bodies In Motion, 12:00 Lunch, 1:00 Cards/Games, 1:00 Canasta 2:30 Computer Help*</p>	<p>2 9:00 Yoga 9:30 Stitch by Stitch Quilting 10:00 Garden Club Meeting off site 10:30 Bridge*, 12:00 Lunch, 1:00 Fair Craft 1:00 Movie: Megan Leavey</p>
<p>5 9:30 Zumba\$ 10:30 Mah Jongg 10:45 Bodies In Motion 12:00 Lunch 1:15 Hot Dog Bingo, 2:30 Piano Lessons\$, 5:15 Yoga\$</p>	<p>6 8:30 Mens Breakfast 9:00 Walkers – Pawling Lakeside Park 9:30 Movers and Shapers\$ 9:30 Stitch by Stitch Quilting, 11:00 Your Electric Bill 10:30 Tai Chi\$, 12:00 Lunch, 1:00 Investments, 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards n Games, 1:00 New Moon* 3:00 Shooting Pool</p>	<p>7 9:00 Painting Class\$, 9:00 Foot Care\$ 9:30 Zumba\$ 10:00 Sit 'n Stitch, 10:45 Weight Training 11:00 Bronx Club Meeting, 11:30 Brian on Piano, 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Cards n Games 1:00 Trip Presentation: Canadian Rockies by Train</p>	<p>8 9:00 French, 9:00 BP Screening, 9:30 Movers and Shapers\$, 10:00 Drawing \$ 10:45 Bodies In Motion, 11:00 Women's Book Club, 12:00 Lunch, 1:00 Cards n Games 1:00 Canasta 1:00 Safe Banking for Seniors*, 2:30 Computer Help*</p>	<p>9 9:00 Yoga\$, 10-12pm Probate Judge Martin Landgrebe 9:30 Stitch by Stitch Quilting, 10:30 Bridge*, 12:00 Lunch, 1:00 Fair Crafts, 1:00 Movie: Chappaquiddick</p>
<p>12 Closed for Veterans Day</p>	<p>13 9:30 Movers and Shapers 9:30 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 10:30 Bus Departs to Salute Veterans 10:30 Haircuts w/ Linda 203-512-5365\$, 10:30 Walker's Meeting, 11:00 Your Electric Bill, 12:00 Lunch, 1:00 Investment Club, 1:00 Mr. Fix It*, 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Cards n Games, 3:00 Shooting Pool</p>	<p>14 9:00 Painting Class\$, 9:30 Zumba\$ 10:00 Sit 'n Stitch, 10:00 COA Listening 10:45 Weight Training, 12:00 Lunch, 12:30 HHQ, 12:45 Sittercise, 1:00 Cards n Games, 1:00 Coral Restorations with the Gannons*, 2:00 Massages by Scott</p>	<p>15 9:00 French, 9:30 Movers and Shapers\$ 10:00 Drawing Class\$ 10:45 Bodies in Motion 11:00 Women's Book Club 12:00 Lunch, 1:00 Cards n Games 1:00 Canasta 2:30 Computer Help*</p>	<p>16 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting 10-12:00 Flavio's Holistic Healing* 10:30 Bridge* 12:00 Lunch, 1:00 Fair Crafts 1:00 Movie: Won't You Be My Neighbor 1:15 BINGO</p>
<p>19 9:30 Zumba\$ 10:30 Mah Jongg 10:45 Bodies in Motion 12:00 Lunch, 1:00 Cards n Games, 1:00 Snowman Painting with Dot*, 1:00 Bible Study*, 2:30 Piano Lessons\$, 5:15 Yoga\$</p>	<p>20 9:00 Walkers Fairfield Hills 9:30 Movers and Shapers 9:30 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 11:00 Your Electric Bill, 12:00 Lunch, 1:00 Blood Pressure Screening, 1:00 Cookie Baking, 1:00 Investment Club, 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Cards n Games, 2:00 Kathy's Discussion Group 3:00 Shooting Pool</p>	<p>21 9:00 Painting Class\$, 9:30 Zumba\$ 10:00 Sit 'n Stitch. 10:45 Weight Training 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Cards and Games, 1:00 Bunco*, 2:00 Massages by Scott</p>	<p>22 Closed for Thanksgiving</p>	<p>23 Closed</p>
<p>26 9:30 Zumba\$ 10:30 Foot Reflexology w/Kim Stewart\$ 10:30 Mah Jongg 10:45 Bodies in Motion 12:00 Lunch, 1:00 Cards n Games, 2:30 Piano Lessons\$, 5:15 Yoga\$</p>	<p>27 9:00 Walkers Brookfield Greenway 9:30 Stitch by Stitch Quilting 9:30 Movers and Shapers\$, 10:30 Tai Chi\$, 11:00 Your Electric Bill 12:00 Lunch 1:00 Red Hat Luncheon\$, 1:00 Investment Club, 1:00 Yoga\$ 1:00 Mah Jongg., 1:00 Cards n Games, , 3:00 Shooting Pool 7:30 COA Meeting</p>	<p>28 9:00 Painting Class\$, 9:30 Zumba\$ 10:00 Sit 'n Stitch, 10:45 Weight Training 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Cards n Games 1:00 Bunco*, 2:00 Massages by Scott 4:00 Friends Meeting</p>	<p>29 9:00 French 9:30 Movers and Shapers \$ 10:00 Drawing Class \$ 10:45 Bodies in Motion 12:00 Lunch 1:00 Cards n Games, 1:00 Canasta, 1:00 Terry Lent: Take This to Minimize That, 2:30 Computer Help*</p>	<p>30 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting 10:30 Bridge* 12:00 Lunch, 1:00 Fair Crafts 1:00 Movie: 12 Angry Men</p>