

New Fairfield Senior Center


www.newfairfieldseniorcenter.com

May 2022

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

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Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9:30 Zumba\$ 11:00 Bodies In Motion 11:30 Curbside Pickup for Lunch\$ 1:00 Tech Help by Appt.* 1:00 Hot Dog Bingo\$	8:30 Men's Breakfast 9:30 Tai Chi\$, 9:30 Walkers : Lasdon Park 10:00 Stitch by Stitch Quilting, 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards 1:30Investments Club 2:00 Shooting Pool	9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit n Stitch, 11:00 Bodies in Motion, 11:00 Bronx Club* 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games 1:00 Cooking Class: Spanish Rice and Fried Plantain 1:00 Tech Help by Appt.* 3:00 Prayers for Peace* , 5:15 Yoga\$	9:30 Bus Departs for West Springfield 9:00 French, 9:30 Movers and Shapers& 10:00 Blood Pressure Screening*, 10:00 Acting Class*, 10:00 Art Class\$, 11:00 Bodies In Motion, 1:00 Cards n Games, 1:00 Canasta 1:30 Charm Bracelet Workshop* 3:00 Cornhole*	10:00 Yoga\$, 10:00 Stitch by Stitch Quilting, 10:00 Garden Club Meeting 10:00 Memoir Writing #2\$ 1:30 Meditation 1:00 Fair Crafts, 1:00 Movie: Godspell 1:00 Kayaking*
9	10	11	12	13
9:30 Zumba\$ 9:30 Bus Departs for Casion& 11:00 Bodies In Motion 11:30 Curbside Pickup for Lunch\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune*	9:30 Tai Chi\$, 10:00 Stitch by Stitch Quilting, 10:30 Walkers Club Meeting 10:30 Khris Hall Listening Session* 10:30 Haircuts w/ Linda 203-512-5365\$ 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Mr. Fix It, 1:00 Cards and Games, 1:30Investments Club 2:00 Shooting Pool	9:30 Zumba\$ 10:00 Art Class\$ 10:00 Sit 'n Stitch, 11:00 Bodies in Motion, 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games 1:00 Tech Help by Appt.* 2:00 Massages by Scott\$, 5:15 Yoga\$	9:00 French, 9:30 Movers and Shapers\$, 10:00 COA Listening Session*, 10:00 Acting Class*, 10:00 Art Class\$ 10:00 Blood Pressure Screening*, 11:00 Bodies In Motion, 12:30 Lunch and Learn: Options for Aging in Place* 1:00 Cards n Games , 1:00 Canasta, 3:00 Cornhole*	10:00 Yoga 10-12pm Probate Judge Martin Landgrebe* 10:00 Stitch by Stitch Quilting, 10:00 Memoir Writing#2\$ 1:00 Fair Crafts, 1:00 Movie: Gran Torino 1:00 Kayaking*
16	17	18	19	20
9:30 Zumba\$ 11:00 Bodies In Motion 11:30 Curbside Pickup for Lunch\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune*	9:30 Walkers: Chruuch Rd. Sherman, 9:30 Tai Chi\$, 10:00 Stitch by Stitch Quilting, 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Kathy's Discussion Group* 1:00 Cards & Games, 1:30 Investment Club, 2:00 Shooting Pool	9:30 Zumba\$ 10:00 Art Class\$ 10:00 Sit 'n Stitch, 11:00 Bodies in Motion, 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games 1:00 Tech Help by Appt.* 1:30 Bunco\$, 4:00 Friend's Meeting, 5:15 Yoga\$	9:00 French, 9:30 Movers and Shapers\$ 10:00 Acting Class* , 10:00 Art Class\$, 11:00 Bodies in Motion 1:00 Cards n Games 1:00 Canasta 1:30 Memorial Day Wreath Craft* 3:00 Cornhole*	10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 10:00 Memoir Writing #2\$ 10:30 Meditation 1:00 Fair Crafts 1:00 Movie: The Tomorrow Man 1:00 Kayaking*
23	24	25	26	27
9:30 Zumba\$ 11:00 Bodies In Motion 11:30 Curbside Pickup for Lunch\$ 12:30 Foot Reflexology\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune* 2:00 Fraud and Scam Seminar*	9:30 Tai Chi\$, 9:30 Walkers: Road by Ball Pond, 10:00 Stitch by Stitch Quilting, 10:30 Khris Hall Listening Session* 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Cards and Games, 1:30 Investment Club 2:00 Shooting Pool, 7:30 COA Meeting	9:30 Zumba\$ 10:00 Art Class\$ 10:00 Sit 'n Stitch, 11:00 Bodies in Motion, 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games 1:00 Tech Help by Appt.* 5:15 Yoga\$	9:00 French 9:30 Movers and Shapers 10:00 Acting Class*, 10:00 Art Class\$ 11:00 Bodies In Motion, 11:00 Women's Book Club\$ 1:00 Cards n Games, 1:00 Canasta, 3:00 Cornhole*	10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 10:00 Memoir Writing #3\$ 1:00 Fair Crafts 1:00 Movie: Belfast 1:00 Kayaking*
30	31			
Senior Center Closed for Memorial Day	9:30 Tai Chi\$, 10:00 Stitch by Stitch Quilting, 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Red Hat Luncheon\$ 1:00 Cards and Games 1:30 Investment Club 2:00 Shooting Pool	Caregiver's Group Meeting Saturday, May 7 At 10:00		\$ indicates fees and pre-Registration required *indicates pre-registration Required Lunch requires reservation