

# New Fairfield Senior Center


[www.newfairfieldseniorcenter.com](http://www.newfairfieldseniorcenter.com)

# May 2019

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

COMING JUNE 8 GRANNY'S TREASURE TAG SALE *Befriend us on Facebook: New Fairfield Senior Center*

	Tuesday	Wednesday	Thursday	Friday
<p><b>\$ indicates fee and pre-registration required</b>  <b>* indicates pre-registration required</b>  <b>Lunch requires reservation see other side for menu and info</b></p>		<p>9:00 Painting Class\$, <b>1</b>            9:30 Zumba\$, 10:00 Sit 'n Stitch,            10:45 Bodies in Motion,            11:00 Bronx Club Meeting,            12:00 Lunch*, 12:30 HHQ Quilters,            12:45 Sittercise, 1:00 Cards n Games            1:00 Cards n Games, <b>1:00 New Moon*</b>,  <b>1:00 Fishing Derby\$, 2:00 Balance Class\$</b></p>	<p><b>9:00 French, 2</b>            9:30 Bus Departs for Westchester\$,            9:30 Movers and Shapers\$,            10:00 Drawing Class\$            10:45 Bodies In Motion,            12:00 Lunch\$, 1:00 Cards/Games,            1:00 Canasta , 3:00 Computer Help*</p>	<p><b>9:00 Yoga\$ 3</b>            9:30 Stitch by Stitch Quilting            10:00 Garden Club Meeting  <b>10-12 Probate Judge Martin Landgrebe*</b>            10:30 Bridge*, 12:00 Lunch*,            1:00 Fair Craft 1:00 Kayaking  <b>1:00 Movie: Last of the Mohicans</b></p>
<p>6            9:30 Zumba\$            10:30 Mah Jongg            10:45 Bodies In Motion            12:00 Lunch*            1:00 Investment Club,  <b>1:15 Hot Dog Bingo\$</b>            2:30 Piano Lessons\$,            5:15 Yoga\$</p>	<p>7  <b>8:30 Men's Breakfast*</b>            9:30 Movers and Shapers\$            9:30 Stitch by Stitch Quilting,            10:00 Walkers – Brookfield Greenway,            11:00 Your Electric Bill*            10:30 Tai Chi\$,            12:00 Lunch* , 1:00 Yoga\$,            1:00 Mah Jongg, 1:00 Cards n Games,  <b>1:30 Smart Retirement Strategies*</b>,            2:30 Shooting Pool</p>	<p>8            9:00 Painting Class\$,            9:30 Zumba\$,10:00 Sit 'n Stitch,            10:45 Bodies in Motion,            11:30 Brian on Piano,            12:00 Lunch*, 12:30 HHQ Quilters,            12:45 Sittercise            1:00 Cards n Games, <b>2:00 A Balance Class\$, 2:00 Woodcarving\$,</b>            2:00 Massages by Scott\$</p>	<p>9            9:00 French,            9:00 BP Screening,            9:30 Movers and Shapers\$,            10:00 Drawing \$            10:45 Bodies In Motion, 11:00            Women's Book Club\$, 12:00 Lunch*            1:00 Cards n Games  <b>1:00 Mother's Day Pamper Yourself*</b>            1:00 Canasta            3:00 Computer Help*</p>	<p>10            9:00 Yoga\$,            9:30 Stitch by Stitch Quilting,            10:30 Bridge*,            12:00 Lunch*            1:00 Fair Crafts,            1:00 Kayaking  <b>1:00 Movie: Bohemian Rhapsody</b></p>
<p>13            9:30 Zumba\$            10:30 Mah Jongg            10:45 Bodies in Motion            12:00 Lunch* , 1:00 Bible Study*            1:00 Cards n Games,            1:00 Investment Club,  <b>1:00 Wreath Making Class\$,</b>            2:30 Piano Lessons\$, 5:15 Yoga\$</p>	<p>14            9:00 Environment Corps Breakfast            9:30 Movers and Shapers\$ 9:30 Stitch            by Stitch Quilting, <b>10:30 Tai Chi\$,</b>            10:30 Walker's Meeting,            10:30 Haircuts by Linda 203-512-            5365\$11:00 Your Electric Bill*, 12:00            Lunch* , 1:00 Yoga\$, 1:00 Mah Jongg            1:00 Cards n Games, 1:00 Mr. Fix It*,            2:30 Shooting Pool</p>	<p>15            9:00 Painting Class\$, 9:00 Foot Care\$            9:30 Zumba\$, 10:00 Sit 'n Stitch,            10:45 Bodies in Motion,            12:00 Lunch* , 12:30 HHQ            12:45 Sittercise, 1:00 Cards n Games,  <b>1:00 Assistive Technology*,</b>  <b>2:00 A Balance Class\$,</b>  <b>2:00 Woodcarving\$</b>  <b>2:00 Massages by Cathy\$,</b>  <b>4:00 Friend's Meeting</b></p>	<p>16            9:00 French,            9:30 Movers and Shapers\$            10:00 Drawing Class\$            10:00 COA Listening Session,            10:45 Bodies in Motion            11:00 Women's Book Club\$            12:00 Lunch*            1:00 Cards n Games            1:00 Canasta,            3:00 Computer Help*</p>	<p>17            9:00 Yoga\$            9:30 Stitch by Stitch Quilting            10:30 Bridge*,            12:00 Lunch*            1:00 Fair Crafts  <b>1:00 Movie: Hyde Park on the Hudson</b>  <b>1:00 Kayaking</b>  <b>1:15 Bingo\$</b></p>
<p><b>8:00 Bus Departs for Foxwoods\$ 20</b>            9:30 Zumba\$, 10:30 Mah Jongg            10:45 Bodies in Motion            12:00 Walkers – Irish Meal            12:00 Lunch*, 1:00 Cards n Games,            1:00 Investment Club,            2:30 Piano Lessons\$,  <b>3:30 New Member Social*</b>            5:15 Yoga\$</p>	<p>21  <b>9:30 Movers and Shapers \$</b>            9:30 Stitch by Stitch Quilting            10:00 Walkers Squantz Pond  <b>10:30 Tai Chi\$,</b>            11:00 Your Electric Bill*, 12:00 Lunch*,            1:00 Blood Pressure Screening            1:00 Yoga\$, 1:00 Mah Jongg            1:00 Cards n Games,  <b>1:30 Blue Apron Cooking Demo*</b>  <b>2:00 Discussion, 2:30 Shooting Pool</b></p>	<p>22            9:00 Painting Class\$            9:30 Zumba\$, 10:00 Sit 'n Stitch,            10:45 Bodies in Motion,            12:00 Lunch*, 12:30 HHQ Quilters,            12:45 Sittercise, 1:00 Cards and Games,            1:00 Bunco\$, 1:30 Dog Show*,  <b>2:00 A Balance Class\$,</b>            2:00 Massages by Scott\$            2:00 Woodcarving\$</p>	<p>23            9:00 French            9:30 Movers and Shapers \$            10:00 Drawing Class \$            10:45 Bodies In Motion, 12:00            Lunch*, 1:00 Cards n Games            1:00 Canasta  <b>1:30 Out Smart the Scammers*,</b>            3:00 Computer Help*</p>	<p>24            9:00 Yoga\$            9:30 Stitch by Stitch Quilting            10:30 Bridge*,            12:00 Lunch*            1:00 Fair Crafts  <b>1:00 Movie: Shirley Valentine</b>  <b>1:00 Kayaking</b></p>
<p>27  <b>Closed for Memorial Day</b></p>	<p>28            9:30 Movers and Shapers\$            9:30 Stitch by Stitch Quilting,            10:00 Walkers – Sherman Track,            11:00 Your Electric Bill*            10:30 Tai Chi\$, 12:00 Lunch*, 1:00            Yoga\$, 1:00 Mah Jongg, 1:00 Cards n            Games, 1:00 Red Hatters Luncheon\$            2:15 Singing Group, 2:30 Shooting Pool  <b>7:30 COA Meeting</b></p>	<p>29            9:00 Painting Class\$,            9:30 Zumba\$            10:00 Sit 'n Stitch.            10:45 Bodies in Motion, 12:00 Lunch*,            12:30 HHQ Quilters,            12:45 Sittercise,            1:00 Cards and Games,            2:00 Woodcarving\$</p>	<p>30            9:00 French,            9:30 Movers and Shapers\$,            10:00 Drawing Class\$            10:45 Bodies In Motion,            12:00 Lunch*,            1:00 Cards/Games,            1:00 Canasta , <b>2:00 Painted Rocks*,</b>            3:00 Computer Help*</p>	<p>31            9:00 Yoga\$            9:30 Stitch by Stitch Quilting            10:00 Foot Reflexology\$,            10:30 Bridge* 12:00 Lunch*            1:00 <b>Outstanding Senior Award</b>            1:00 Kayaking            1:00 Fair Crafts  <b>1:00 Movie: Summer of 42</b></p>