

New Fairfield Senior Center

www.newfairfieldseniorcenter.com



LUNCH SERVED DAILY AT 12:00 NOON

MAY 2018

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

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Monday	Tuesday	Wednesday	Thursday	Friday
<p># = High School See Project \$ indicates fee and pre-registration required * indicates pre-registration required Lunch requires reservation see other side for menu and info</p>	<p>8:30 Mens Breakfast 1 9:30 Movers and Shapers\$ 9:30 Stitch by Stitch Quilting, 9:30 Walkers go to Tilly Foster, 10:30 Tai chi, 11:00 Your Electric Bill 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards n Games, 1:30 Investments Club 3:00 Shooting Pool</p>	<p>9:00 Painting Class\$ 2 9:30 Zumba\$, 10:00 Sit 'n Stitch, 10:00 Garden Club, 10:45 Weight Training 11:00 Bronx Club Meeting, 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Cards n Games 1:00 Assitive Technology*, 2:30 Grace and Frankie</p>	<p>9:00 French 3 9:30 Movers and Shapers\$, 10:00 Drawing Class\$ 10:45 Bodies In Motion, , 1:00 Cards/Games, 1:00 Canasta, 2:00 Creative Writing\$, 3:00 Computer Help*</p>	<p>9:00 Yoga 4 9:30 Stitch by Stitch Quilting 10:30 Bridge*, 1:00 Fair Craft 1:00 Movie: Elvis and Nixon</p>
<p>7 9:30 Zumba\$ 10:30 Mah Jongg 10:45 Bodies In Motion 1:00 COA Senior of The Year Award 2:30 Piano Lessons\$, 5:15 Yoga\$</p>	<p>8;30 Bus Leaves for Mark Twain House , 8 9:00 CLA Environment Corps 9:30 Movers and Shapers\$ 9:30 Stitch by Stitch Quilting, 10:30 Haircuts w/ Linda 203-512-5365\$, 10:30 Walkers Club Meeting, 11:00 Your Electric Bill, * 10:30 Tai Chi\$, , 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards n Games, 1:00 Mr. Fix It* 1:30 Investment Club 3:00 Shooting</p>	<p>9:00 Painting Class\$, 9 9:30 Zumba\$ 10:00 Sit 'n Stitch, 10:45 Weight Training 11:30 Brian on Piano, 12:30 HHQ Quilters 12:45 Sittercise 1:00 Woodcarving*, 1:00 Cards n Games, 2:30 Grace and Frankie, 2:00 Massages by Scott\$</p>	<p>9:00 French, 10 9:00 BP Screening, 9:30 Movers and Shapers\$, 10:00 Drawing \$ 10:45 Bodies In Motion 11:00 Women's Book Club 1:00 New Moon*, 1:00 Cards n Games 1:00 Canasta, 2:00 Creative Writing\$, 3:00 Computer Help*</p>	<p>9:00 Yoga\$, 11 10-12pm Probate Judge Martin Landgrebe 9:30 Stitch by Stitch Quilting, 10:30 Bridge*, 1:00 Fair Crafts, 1:00 Movie: The Lobster</p>
<p>9:30 Zumba\$, 14 10:30 Mah Jongg 10:45 Bodies in Motion 1:00 Bible Study* 1:00 Cards n Games, 1:00, 1:15 Hot Dog Bingo 2:30 Piano Lessons\$, 5:15 Yoga\$</p>	<p>15 9:30 Movers and Shapers 9:30 Stitch by Stitch Quilting, 9:30 Walkers Lasdon, 10:30 Tai Chi\$, 11:00 Your Electric Bill, 1:00 Blood Pressure Screening 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Smart and Safe Living*, 1:00 Cards n Games, 1:30 Investment Club, 3:00 Shooting Pool</p>	<p>9:00 Painting Class\$, 16 9:30 Zumba\$ 10:00 Sit 'n Stitch, 10:45 Weight Training, 12:30 HHQ, 12:45 Sittercise, 1:00 Cards n Games, 1:00 Lunch and Learn: Protect Your Loved Ones*, 2:30 Grace & Frankie 4:00 Friend's Meeting</p>	<p>9:00 French, 17 9:30 Bus Leaves for Sister Act 9:30 Movers and Shapers\$ 10:00 Drawing Class\$ 10:45 Bodies in Motion 11:00 Women's Book Club 1:00 Cards n Games, 1:00 Canasta, 3:00 Computer Help*</p>	<p>9:00 Yoga\$ 18 9:30 Stitch by Stitch Quilting 10-12:00 Flavio's Holistic Healing* 10:30 Bridge*, 1:00 Fair Crafts 1:00 Movie: A Bear Named Winnie</p>
<p>8:30 Mohegan Sun Casino \$ 21 9:00 Mind Aerobics 9:00 Basic Computer Class* # 9:30 Zumba\$ 10:30 Mah Jongg, 10:45 Bodies in Motion, 1:00 Cards n Games, 1:00 Origami*, 1:00 River Cruise Trip Presentation*, 2:30 Piano Lessons\$, 5:15 Yoga\$</p>	<p>22 9:00 Walkers Dover Church 9:00 Mind Aerobics 9:00 Using Email Class*# 9:30 Movers and Shapers 9:30 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 11:00 Your Electric Bill, 1:00 Yoga\$, 1:00 Mah Jongg, 2:00 Kathy's Discussion, 1:00 Cards n Games, 1:30 Investment Club, 3:00 Shooting Pool</p>	<p>9:00 Painting Class\$, 23 9:00 Social Networks Class* # 9:30 Zumba\$ 10:00 Sit 'n Stitch, 10:45 Weight Training 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Cards and Games, 2:00 Massages by Scott\$</p>	<p>9:00 French 24 9:00 Smartphone Help*# 9:00 Mind Aerobics# 9:30 Movers and Shapers \$ 10:00 Drawing Class \$ 10:45 Bodies In Motion, 1:00 Cards n Games, 1:00 Canasta , 2:00 Creative Writing\$, 3:00 Computer Help*</p>	<p>9:00 Yoga\$ 25 9:00 Advanced Computer*# 9:30 Stitch by Stitch Quilting 10:30 Bridge*, 1:00 Fair Crafts 1:00 Movie: Dear Eleanor</p>
<p>28 Closed for Memorial Day </p>	<p>29 9:00 Mind Aerobics# 9:00 Using Email Class# 9:30 Movers & Shapers\$ 9:30 Stitch by Stitch Quilting, 9:30 Walkers Seminary Hill 10:30 Tai Chi\$, 11:00 Your Electric Bill Investments, 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards n Games, 1:00 Red Hatters Luncheon, 1:30 Investment Club</p>	<p>9:00 Painting Class\$, 30 9:00 Social Networks Class*# 9:30 Zumba\$ 10:00 Sit 'n Stitch, 10:00 Disrupt Aging Community Conversations* 10:45 Weight Training , 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Cards 'n Games</p>	<p>9:00 French 31 9:00 Mind Aerobics# 9:00 Smartphone Help*# 9:30 Movers and Shapers \$ 10:00 Drawing Class \$ 10:45 Bodies In Motion, 1:00 Cards n Games, 1:00 Canasta, 1:00 "Nature's Pharmacy" Terry Lent 2:00 Creative Writing\$, 3:00 Computer Help*</p>	<p>NFHS Music Boosters TASTE OF CHANGE BRUNCH May 26 at 10:00 MiddleSchool Cafeteria </p>