

# New Fairfield Senior Center

[www.newfairfieldseniorcenter.com](http://www.newfairfieldseniorcenter.com)


# MARCH 2018



Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

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Monday	Tuesday	Wednesday	Thursday	Friday
Mother/Daughter Tea March 29th 3:30 pm	\$ indicates fee and pre-registration required * indicates pre-registration required Lunch requires reservation see other side for menu and info	Everyone's Irish On March 17th. 	<b>9:00 French</b> <b>1</b> 9:30 Movers and Shapers\$, 10:00 Drawing Class\$, 10:45 Bodies In Motion 12:00 Lunch, 1:00 Cards/Games, 1:00 Canasta <b>1:00 Decluttering*</b> , <b>3:00 Computer Help*</b>	<b>2</b> 9:00 Yoga 9:30 Stitch by Stitch Quilting 10:00 Garden Club Meeting off site 10:30 Bridge*, 12:00 Lunch, 1:00 Fair Craft <b>1:00 Movie: Churchill</b>
5 9:00 AARP Tax Aid 9:30 Zumba\$ 10:30 Mah Jongg 10:45 Bodies in Motion 12:00 Lunch <b>1:15 Hot Dog Bingo</b> , 2:30 Piano Lessons\$, 5:15 Yoga\$	6 <b>Mens Breakfast</b> 9:00 Walkers Club 9:30 Movers and Shapers\$, 9:30 Stitch by Stitch Quilting, 11:00 Your Electric Bill 10:30 Tai Chi\$, 12:00 Lunch, 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards n Games, 1:30 Investment Club 3:00 Shooting Pool	7 9:00 Painting Class\$, 9:30 Zumba\$ 10:00 Sit 'n Stitch, <b>10:00 An Hour With Mark Twain*</b> , 10:45 Weight Training 11:00 Bronx Club Meeting, 11:30 Brian on Piano, 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Cards n Games <b>2:00 British Landscape Trip Presentation</b>	8 9:00 French, 9:00 BP Screening, 9:30 Movers and Shapers\$, 10:00 Drawing \$ 10:45 Bodies In Motion, 11:00 Women's Book Club, 12:00 Lunch, 1:00 Cards n Games 1:00 Canasta 3:00 Computer Help*	9 9:00 Yoga\$, 10-12pm <b>Probate Judge Martin Landgrebe</b> 9:30 Stitch by Stitch Quilting, 10:30 Bridge*, 12:00 Lunch, 1:00 Fair Crafts, <b>1:00 Movie: The Girl on the Train</b>
12 9:00 AARP Tax Aid 9:30 Zumba \$ 10:30 Mah Jongg 10:45 Bodies in Motion 12:00 Lunch , 1:00 Cards n Games, 1:00 Bible Study*, <b>1:00 Cooking with Marianne\$.</b> 2:30 Piano Lessons\$, 5:15 Yoga\$	13 9:30 Movers and Shapers 9:30 Stitch by Stitch Quilting, <b>10:30 Tai Chi\$</b> , 10:30 Haircuts w/ Linda 203-512-5365\$, 10:30 Walker's Meeting, 11:00 Your Electric Bill, 12:00 Lunch, 1:00 Mr. Fix It*, 1:00 COA Visit 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Cards n Games, 1:30 Investment Club 2:00 Kathy's Discussion 3:00 Shooting Pool	14 9:00 Painting Class\$, 9:30 Zumba\$ 10:00 Sit 'n Stitch., <b>10:00 An Hour With Mark Twain*</b> , 10:45 Weight Training, 12:00 Lunch, 12:30 HHQ, 12:45 Sittercise, 1:00 Cards n Games, <b>1:00 St. Patrick's Day Warm Up w/ Billy Michael*</b> , 2:00 Massages by Scott	15 9:00 French, 9:30 Movers and Shapers\$ 10:00 Drawing Class\$ 10:45 Bodies in Motion 11:00 Women's Book Club 12:00 Lunch, <b>1:00 Dental Hygiene*</b> , 1:00 Cards n Games 1:00 Canasta 3:00 Computer Help*	16 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting 10-12:00 <b>Flavio's Holistic Healing*</b> 10:30 Bridge* 12:00 Lunch, 1:00 Fair Crafts <b>1:00 New Moon*</b> , <b>1:00 Movie: The Book of Henry</b>
19 9:00 AARP Tax Aid <b>8:30 Mohegan Sun Casino</b> 9:30 Zumba\$, 10:30 Mah Jongg, 10:45 Bodies in Motion 12:00 Lunch, 1:00 Cards n Games, <b>1:00 Meet and Greet NF Police Trooper*</b> , 2:30 Piano Lessons\$, 5:15 Yoga\$	20 <b>9:30 Bus Departs for Aqua Turf</b> 9:00 Walkers 9:30 Movers and Shapers 9:30 Stitch by Stitch Quilting, <b>10:30 Tai Chi\$</b> , 11:00 Your Electric Bill, 12:00 Lunch, <b>1:00 Blood Pressure</b> , 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Cards n Games, 1:30 Investment Club, 3:00 Shooting Pool	21 9:00 Painting Class\$, 9:30 Zumba\$ 10:00 Sit 'n Stitch. <b>10:00 An Hour With Mark Twain*</b> , 10:45 Weight Training 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Cards and Games <b>1:00 Assistive Tech Talk WCAA*</b> <b>4:00 Friend's Meeting</b>	22 9:00 French 9:30 Movers and Shapers \$ 10:00 Drawing Class \$ 10:45 Bodies In Motion, 12:00 Lunch, 1:00 Cards n Games 1:00 Canasta, <b>1:00 Foods That Fight Pain</b> , 3:00 Computer Help*	23 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting 10:30 Bridge*, 12:00 Lunch 1:00 Cards n Games 1:00 Fair Crafts <b>1:00 Movie: Victoria and Abdul</b>
26 9:00 AARP Tax Aid 9:30 Zumba\$ 10:30 Mah Jongg 10:45 Bodies in Motion 10:30 Foot Reflexology w/Kim Stewart 12:00 Lunch, 1:00 Cards n Games, 2:30 Piano Lessons\$, 5:15 Yoga\$	27 9:00 Walkers 9:30 Stitch by Stitch Quilting 9:30 Movers and Shapers\$, 10:30 Tai Chi\$, 11:00 Your Electric Bill 12:00 Lunch <b>1:00 Red Hat Luncheon\$</b> , 1:00 Yoga\$ 1:00 Mah Jongg., 1:00 Cards n Games, 1:30 Investment Club,	28 9:00 Painting Class\$, 9:30 Zumba\$ 10:00 Sit 'n Stitch, <b>10:00 An Hour With Mark Twain*</b> , 10:45 Weight Training 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Cards n Games 2:00 Massages by Scott	29 9:00 French 9:30 Movers and Shapers \$ 10:00 Drawing Class \$ 10:45 Bodies in Motion 12:00 Lunch 1:00 Closed for tea preparation, <b>3:30 Mother Daughter Tea*</b>	30 Closed for Good Friday