

# New Fairfield Senior Center

[www.newfairfieldseniorcenter.com](http://www.newfairfieldseniorcenter.com)

# JUNE 2018

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>\$ indicates fee and pre-registration required * indicates pre-registration required Lunch requires reservation see other side for menu and info</p>		<p><b>COMING SOON</b> <b>PLANT SALE June 2</b> <b>AND</b> <b>TAG SALE June 9</b></p>		<p>9:00 Yoga 1 <b>9:00 Advanced Computers*</b>, 9:30 Stitch by Stitch Quilting 10:00 Foot Reflexology w/Kim 10:30 Bridge*, 12:00 Lunch, 1:00 Fair Craft, <b>1:00 Kayaking</b> <b>1:00 Movie: The Greatest Showman</b> <b>Sign up for woodcarving due</b></p>
<p><b>9:00 Basic Computers</b> 4 <b>9:00 Mind Aerobics</b> 9:30 Zumba\$ <b>10:00 Commission on Aging</b> 10:30 Mah Jongg 10:45 Bodies In Motion 12:00 Lunch <b>1:15 Hot Dog Bingo</b> 2:30 Piano Lessons\$ 5:15 Yoga\$</p>	<p>8:30 Mens Breakfast 5 <b>9:00 Using E-Mail*</b>, <b>9:00 Walkers Wolfe Park – Monroe</b>, 9:30 Movers and Shapers\$ 9:30 Stitch by Stitch Quilting, 11:00 Your Electric Bill, 10:30 Tai Chi\$, 12:00 Lunch, 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 WCSU Nursing <b>Professors*</b>, 1:00 Cards n Games, 1:30 Investments 3:00 Shooting Pool</p>	<p>9:00 Painting Class\$, 6 <b>9:00 Social Network*</b>, 9:30 Zumba\$, 10:00 Sit 'n Stitch, <b>10:30 America's First Ladies Class*</b>, 10:45 Weight Training 11:00 Bronx Club Meeting 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Cards n Games, <b>1:00 New Moon*</b>, <b>1:30 Cooking For One*</b> <b>2:30 The Marvelous Mrs. Maisel</b></p>	<p>9:00 French, 7 <b>9:00 Smartphone Help*</b>, <b>9:00 Mind Aerobics*</b>, 9:30 Movers and Shapers\$, 10:00 Drawing Class \$ 10:45 Bodies In Motion 12:00 Lunch, <b>1:00 Cards n Games</b>, 1:00 Canasta, <b>1:00 Terry Lent: Nature's Pharmacy</b>, <b>2:00 Creative Writing*</b>, 3:00 Computer Help*</p>	<p>9:00 Yoga\$, 8 <b>9:00 Advanced Computers*</b>, 10-12pm Probate Judge Martin <b>Landgrebe</b> <b>10:00 Fashion Show Rehearsal*</b>, <b>10:00 Garden Club Meeting</b>, 9:30 Stitch by Stitch Quilting, 10:30 Bridge*, 12:00 Lunch, 1:00 Fair Crafts, <b>1:00 Kayaking</b> <b>1:00 Movie: A Cat Named Bob</b></p>
<p><b>9:00 Basic Computers</b> 11 <b>9:00 Mind Aerobics</b> 9:30 Zumba\$, , 10:30 Mah Jongg 10:45 Bodies in Motion 12:00 Lunch , <b>1:00 Origami*</b>, 1:00 Bible Study 1:00 Cards n Games, 2:30 Piano Lessons\$, 5:15 Yoga\$</p>	<p><b>9:00 Using E-Mail</b> 12 9:30 Movers and Shapers 9:30 Stitch by Stitch Quilting, 10:30 Tai Chi\$ 10:30 Haircuts w/ Linda 203-512-5365\$, 10:30 Walker's Meeting, 11:00 Your Electric Bill, 12:00 Lunch, 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards n Games, 1:00 Mr. Fix It, <b>1:00 Home</b> <b>Modifications*</b> 1:30 Investment Club, 3:00 Pool</p>	<p><b>9:00 Social Network*</b>, 13 9:00 Painting Class\$, 9:30 Zumba\$, 10:00 Sit 'n Stitch <b>10:30 America's First Ladies Class*</b>, 10:45 Weight Training, 11:30 Brian on Piano, 12:00 Lunch 12:30 HHQ, 12:45 Sittercise, 1:00 Cards n Games, <b>2:00 Woodcarving\$</b>, 2:00 Massages by Scott <b>2:30 The Marvelous Mrs. Maisel</b></p>	<p>9:00 French, 9:00 BP Screening 14 <b>9:00 Smartphone Help*</b>, <b>9:00 Mind Aerobics*</b>, 9:30 Movers and Shapers\$ 10:00 Drawing Class\$, 10:45 Bodies in Motion 11:00 Women's Book Club, Lunch, 1:00 Cards n Games and Canasta <b>1:00 Fashion Show*</b>, <b>2:00 Ice Cream</b> <b>Party*</b>, <b>2:00 Creative Writing\$</b>, 3:00 Computer Help*</p>	<p>9:00 Yoga\$ 15 <b>9:00 Advanced Computers*</b>, 9:30 Stitch by Stitch Quilting 10-12:00 <b>Flavio's Holistic Healing*</b> 10:30 Bridge*, 12:00 Lunch, 1:00 Fair Crafts <b>1:00 Kayaking</b> <b>1:00 Movie: Lady Bird</b></p>
<p>9:30 Zumba\$ 18 10:30 Mah Jongg 10:45 Bodies in Motion 12:00 Lunch 1:00 Cards n Games, <b>1:00 Hot off the Grill with Marianne\$</b>, 2:30 Piano Lessons\$ 5:15 Yoga\$</p>	<p><b>9:30 Walk Old Milltown Road,</b> 19 9:30 Movers and Shapers 9:30 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 11:00 Your Electric Bill 12:00 Lunch, 1:00 Yoga\$, 1:00 Blood Pressure Screening 1:00 Mah Jongg, <b>1:00 Cards n Games</b>, 1:30 Investment Club, 2:00 Kathy's Discussion, 3:00 Shooting Pool</p>	<p>9:00 Painting Class\$ 20 9:30 Zumba\$, 10:00 Sit 'n Stitch. <b>10:30 America's First Ladies Class*</b>, 10:45 Weight Training, 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise 1:00 Cards &amp; Games, <b>2:00 Woodcarving\$</b>, 2:00 Massages by Scott\$, <b>2:30 The Marvelous Mrs. Maisel</b> <b>4:00 Friends Meeting</b></p>	<p>9:00 French 21 9:30 Movers and Shapers \$ 10:00 Drawing Class \$ 10:45 Bodies In Motion, 11:00 Womens Book Club 12:00 Lunch, 1:00 Cards n Games, Canasta <b>1:00 Hart Bus Trip*</b>, 2:00 Creative Writing 3:00 Computer Help*</p>	<p>9:00 Yoga\$ 22 9:30 Stitch by Stitch Quilting 10:30 Bridge*, 12:00 Lunch 1:00 Cards n Games 1:00 Fair Crafts <b>1:00 Kayaking</b> <b>1:00 Movie: The Post</b></p>
<p>9:30 Zumba\$ 25 10:30 Mah Jongg 10:45 Bodies in Motion 12:00 Lunch, 1:00 Cards n Games, 2:30 Piano Lessons\$ 5:15 Yoga\$ <b>ANNUAL PICNIC</b></p>	<p><b>8:00 Bus Departs for Manhattan</b> 26 <b>9:30 Walk – Fairfield Hills,</b> 9:30 Movers and Shapers\$ 9:30 Stitch by Stitch Quilting, 11:00 Your Electric Bill, 10:30 Tai Chi\$, 12:00 Lunch, 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards n Games, 1:00 Red Hatters Luncheon, 1:30 Investment Club, 3:00 Shooting Pool, 7:30 COA Meeting</p>	<p>9:00 Painting Class\$, 27 9:30 Zumba\$, 10:00 Sit 'n Stitch <b>10:30 America's First Ladies Class*</b>, 10:45 Weight Training 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Cards n Games\ 2:00 Massages by Scott, <b>2:00 Woodcarving\$</b>, <b>2:30 The Marvelous Mrs. Maisel</b></p>	<p>9:00 French, 28 9:30 Movers and Shapers\$, 10:00 Drawing Class\$ 10:45 Bodies In Motion 12:00 Lunch, 1:00 Cards/Games, 1:00 Canasta 3:00 Computer Help</p>	<p>9:00 Yoga 29 9:30 Stitch by Stitch Quilting 10:00 Foot Reflexology w/ Kim\$, 10:30 Bridge*, 12:00 Lunch, 1:00 Fair Craft, <b>1:00 Kayaking</b> <b>1:00 Movie: Three Billboards</b></p>