

New Fairfield Senior Center


www.newfairfieldseniorcenter.com

July 2021

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Coming in August</p> <p>Bus Trip to Holiday Hills August 23, 2021</p>	 <p><i>Happy 4th of July</i></p>	<p>\$ indicates fee and pre-registration required Lunch requires reservation Zoom Program</p>	<p>9:00 French*, 10:00 Drawing Class\$ 11:00 Bodies In Motion, 1:00 Canasta* 3:00 Cornhole</p>	<p>10:00 Moderate Yoga\$ 10:30 Meditation* 1:00 Movie: Falling In Love 1:00 Crafts* 1:30 Kayaking*</p>
<p>Senior Center Closed Happy 4th of July!</p>	<p>9:00 Walkers: Lake Glenida, Carmel 10:00 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 1:00 GentleYoga\$, 1:00 Mah Jongg 1:30 Investment Club, 3:00 Shooting Pool</p>	<p>9:30 Zumba\$ 10:00 Painting\$, 10:00 Sit n' Stitch 11:00 Bodies in Motion, 11:00 Bronx Club Meeting, 11:00-12:00Curbside Pickup for Lunch\$, 12:30 HHQ Quilters, 1:00 Tech Help by Appt.* 1:00 Cards</p>	<p>9:00 French*, 10:00 Drawing \$ 10:00 COA Listening Session* 11:00 Bodies In Motion, 1:00 Canasta* 3:00 Cornhole</p>	<p>10:00 Moderate Yoga\$, 10:00 Garden Club – Off site 10:30 Meditation* 1:00 Movie: The Great Outdoors 1:00 Crafts* 1:30 Kayaking</p>
<p>9:30 Zumba\$ 11:00 Bodies in Motion 11:30-12 Curbside Pickup for Lunch\$, 1:00 Bingo* 1:00 Tech Help by Appt.*</p>	<p>10:00 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 10:30 Walkers Club Meeting 1:00 Gentle Yoga\$, 1:00 Mah Jongg 1:30 Investment Club, 3:00 Shooting Pool</p>	<p>9:00 Blood Pressure Screening 9:30 Zumba\$ 10:00 Sit n' Stitch 10:00 Painting\$ 11:00 Bodies in Motion, 11:00-12:00Curbside Pickup for Lunch\$, 12:30 HHQ, 1:00 Tech Help by Appt.* 1:00 Cards 2:00 Massages by Scott\$</p>	<p>9:00 French*, 10:00 Drawing Class\$ 11:00 Bodies in Motion 1:00 Personal Mission Statement* 1:00 Canasta* 3:00 Cornhole</p>	<p>10:00 Moderate Yoga\$ 1:00 Movie: Somethings Gotta Give 1:00 Crafts* 1:30 Kayaking</p>
<p>9:30 Zumba\$ 11:00 Bodies in Motion 11:30-12 Curbside Pickup for Lunch\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune</p>	<p>9:00 Walkers: Harry Brooke Park 10:00 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 1:00 Gentle Yoga\$, 1:00 Mah Jongg 1:30 Investment Club, 2:00 Kathy's Discussion Group, 3:00 Shooting Pool</p>	<p>9:00 Blood Pressure Screening 9:30 Zumba\$ 10:00 Painting\$ 10:00 Sit n' Stitch 11:00 Bodies in Motion, 11:00-12:00Curbside Pickup for Lunch\$, 12:30 HHQ Quilters, 1:00 Tech Help by Appt.* 1:00 Cards</p>	<p>9:00 French* 10:00 Drawing Class \$ 11:00 Bodies In Motion, 12:00Cooking Class: Rigatoni Rustica* 1:00 Terry Lent: Digestion: How It Works* 1:00 Canasta* 3:00 Cornhole</p>	<p>10:00 Moderate Yoga\$ 10:30 Meditation* 1:00 Movie: Indian Summer 1:00 Crafts* 1:30 Kayaking</p>
<p>9:30 Zumba\$ 11:00 Bodies in Motion 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 Foot Reflexology\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune</p>	<p>9:00 Walkers: Church Rd, Sherman 10:00 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 11:30 Khris Hall Listening Session* 1:00 Gentle Yoga\$, 1:00 Red Hat Luncheon* 1:00 Mah Jongg 1:30 Investment Club, 3:00 Shooting Pool 7:30 COA Meeting</p>	<p>9:00 Blood Pressure Screening 9:30 Zumba\$ 10:00 Painting\$ 10:00 Sit n' Stitch 11:00 Bodies in Motion, 11:00-12:00Curbside Pickup for Lunch\$, 12:30 HHQ Quilters, 1:00 Tech Help by Appt.* 1:00 Cards</p>	<p>9:00 French * 10:00 Drawing Class \$ 11:00 Bodies In Motion, 11:00 Women's Book Club\$, 1:00 Canasta 1:00 Electric Cars* 3:00 Cornhole</p>	<p>10:00 Moderate Yoga\$ 1:00 Movie: Magic In The Moonlight 1:00 Crafts* 1:30 Kayaking</p>