

New Fairfield Senior Center




www.newfairfieldseniorcenter.com

JULY 2018

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

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Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9:30 Zumba\$ 10:30 Mah Jongg 10:30 Bodies In Motion 12:00 Lunch 1:15 Hot Dog Bingo, 2:30 Piano Lessons\$, 5:15 Yoga\$ Mother/Daughter Tea	8:30 Mens Breakfast 9:30 Movers and Shapers\$ 9:30 Stitch by Stitch Quilting, 11:00 Your Electric Bill 10:30 Tai Chi\$, 12:00 Lunch, , 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards n Games, 1:30 Investment Club 2:00 Sweethart Bus Meeting* , 3:00 Shooting Pool	 Closed 9:00 am - See us in the Parade!	9:00 French, 9:30 Movers and Shapers\$, 10:00 Drawing Class\$ 10:45 Bodies In Motion, 12:00 Lunch, 1:00 Cards/Games, 1:00 Canasta 3:00 Computer Help*	9:00 Yoga 9:30 Stitch by Stitch Quilting 10:00 Garden Club Meeting 10:30 Bridge*, 12:00 Lunch, 1:00 Fair Craft, 1:00 Kayaking 1:00 Movie: A Bear Named Winnie
9	10	11	12	13
9:30 Zumba\$ 10:30 Mah Jongg 10:45 Bodies In Motion 12:00 Lunch 1:00 Bible Study*, 1:00 Internet Shopping* 2:30 Piano Lessons\$, 5:15 Yoga\$	9:30 Movers and Shapers\$ 9:30 Stitch by Stitch Quilting, 10:30 Haircuts w/ Linda 203-512-5365\$, 10:30 Walkers Club Meeting 11:00 Your Electric Bill 10:30 Tai Chi\$, 12:00 Lunch, , 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards n Games, 1:00 Mr. Fix It 1:30 Investment Club 3:00 Shooting Pool	9:00 AARP Defensive Driving 9:00 Painting Class\$ 9:30 Bus Departs for Holyoke 9:30 Zumba\$ 10:00 Sit 'n Stitch, 10:45 Weight Training 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Cards n Games 2:00 Massages by Scott	9:00 French, 9:00 BP Screening, 9:30 Movers and Shapers\$, 10:00 Drawing \$ 10:45 Bodies In Motion 12:00 Lunch, 1:00 New Moon* , 1:00 Cards n Games 1:00 Canasta 3:00 Computer Help*	9:00 Yoga\$, 9:30 Stitch by Stitch Quilting, 10:30 Bridge*, 12:00 Lunch, 1:00 Fair Crafts, 1:00 Kayaking 1:00 Movie: I Tonya
16	17	18	19	20
8:30 Mohegan Sun Casino 9:30 Zumba\$, , 10:30 Mah Jongg 10:45 Bodies in Motion 12:00 Lunch , 1:00 Cards n Games, 2:30 Piano Lessons\$, 5:15 Yoga\$	9:00 Walkers – Keller Garden 9:30 Movers and Shapers 9:30 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 11:00 Your Electric Bill, 12:00 Lunch, 1:00 Investment Club, 1:00 Blood Pressure Screening 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Cards n Games, 2:00 Kathy's Discussion Group 3:00 Shooting Pool	9:00 Painting Class\$, 9:30 Zumba\$ 10:00 Sit 'n Stitch 10:00 COA Visit, 10:45 Weight Training, 12:00 Lunch, 12:30 HHQ, 12:45 Sittercise, 1:00 Cards n Games, 1:00 Gardening Lecture* , 2:00 Massages by Scott 4:00 Friend's Meeting	9:00 French, 9:30 Movers and Shapers\$ 10:00 Drawing Class\$ 10:45 Bodies in Motion 12:00 Lunch, 1:00 Battle for the 14th Colony* , 1:00 Cards n Games 1:00 Canasta 3:00 Computer Help*	9:00 Yoga\$ 9:30 Stitch by Stitch Quilting 10-12pm Probate Judge Martin Landgrebe 10-12:00 Flavio's Holistic Healing* 10:30 Bridge*, 12:00 Lunch, 1:00 Fair Crafts, 1:00 Kayaking 1:00 Movie: Coco 1:15 Bingo
23	24	25	26	27
9:30 Zumba\$ 10:00 Foot Reflexology w/Kim Stewart\$ 10:30 Mah Jongg 10:345 Bodies in Motion, 12:00 Lunch and Learn - Upside of Downsizing* , 12:00 Lunch, 1:00 Cards n Games, 1:00 Internet Banking/Bill Paying* , 2:30 Piano Lessons\$, 5:15 Yoga\$	9:00 Church Road Sherman 9:30 Movers and Shapers 9:30 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 11:00 Your Electric Bill, 12:00 Lunch, 1:00 Investment Club, 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Cards n Games, 3:00 Shooting Pool 7:30 COA Meeting	9:00 Painting Class\$, 9:30 Zumba\$ 10:00 Sit 'n Stitch. 10:45 Weight Training 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Cards and Games, 1:00 Bath Bombs\$, 2:00 Massages by Scott	9:00 French 9:30 Movers and Shapers \$ 10:00 Drawing Class \$ 10:45 Bodies In Motion, 12:00 Lunch, 1:00 Cards n Games, 1:00 Canasta 1:00 Terry Lent: Food Rules 3:00 Computer Help*	9:00 Yoga\$ 9:30 Stitch by Stitch Quilting 10:30 Bridge*, 12:00 Lunch 1:00 Cards n Games 1:00 Fair Crafts, 1:00 Kayaking 1:00 Movie: Sister Act
30	31			
9:30 Zumba\$ 10:30 Mah Jongg 10:45 Bodies in Motion 12:00 Lunch, 1:00 Cards n Games, 1:00 Origami* , 2:30 Piano Lessons\$, 5:15 Yoga\$	9:30 Movers and Shapers 9:30 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 11:00 Your Electric Bill, 12:00 Lunch, 1:00 Investment Club, 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Cards n Games, 1:00 Red Hatters Luncheon, 3:00 Shooting Pool			\$ indicates fee and pre- registration required * indicates pre-registration required Lunch requires reservation see other side for menu and info