

CW Resources Senior Community Café

1% or Skim milk provided
Margarine available

Must Call 203-312-5665
by Thurs AM of prior
week for a reservation

July Menu 2017

\$3.00 SUGGESTED DONATION

**MENU ITEMS
SUBJECT TO CHANGE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Apple Juice Cheeseburger Lettuce and Tomato LS Baked Beans Corn on the Cob</p> <p>Hamburger Roll</p> <p>Italian Ice</p>	<p>4</p> <p>Happy Fourth of July!</p> 	<p>5</p> <p>Chicken Scampi Linguini Broccoli with Red Pepper</p> <p>12 Grain Bread</p> <p>Citrus Selections</p>	<p>6</p> <p>Grape Juice Sloppy Joe Mashed Potatoes Green Beans</p> <p>Happy Birthday</p> <p>Hamburger Roll</p> <p>Birthday Cake</p>	<p>7</p> <p>Minestrone Soup Unsalted Crackers Chef Salad with LS Ham, LS Turkey, Cheese, Egg, Tomato, Cucumbers and Olives Ranch Dressing Pumpnickel Bread Fresh Orange</p>
<p>10</p> <p>Veal Picatta Mashed Potatoes Spinach</p> <p>Rye Bread</p> <p>Melon</p>	<p>11</p> <p>Eggplant Rolatini Meat Sauce Ziti Broccoli</p> <p>12 Grain Bread</p> <p>Fresh Peach</p>	<p>12</p> <p>N.E. Clam Chowder Unsalted Crackers Asian Chicken Salad with Chicken Strips, Mandarin Oranges, Sesame Seeds and Cucumbers Breadstick Grapes</p>	<p>13</p> <p>Salisbury Steak LS Gravy Egg Noodles Carrots</p> <p>Oat Bread</p> <p>Fruit Cocktail</p>	<p>14</p> <p>Cranberry Juice Lemon Pepper Fish Rice Pilaf Chuck Wagon Veggies</p> <p>Multigrain Bread</p> <p>Rice Pudding</p>
<p>17</p> <p>Grape Juice Grilled Orange Chicken Orange Sauce Sesame Noodles Winter Blend Veggies</p> <p>Whole Wheat Bread</p> <p>Tropical Fruit Cup</p>	<p>18</p> <p>Cranberry Juice Turkey Pot Pie Diced Potatoes Tuscany Blend Veggies</p> <p>Biscuit</p> <p>Oatmeal Cream Pie</p>	<p>19</p> <p>Asian Beef Strips with Ginger Sauce Brown Rice Oriental Blend Veggies Garden Salad Italian Dressing Pumpnickel Bread</p> <p>Pineapple Chunks</p>	<p>20</p> <p>Chicken Vegetable Soup Unsalted Crackers Pier 17 Fish Buttered Orzo Scandinavian Veggies</p> <p>12 Grain Bread</p> <p>Fruited Yogurt</p>	<p>21</p> <p>Apple Juice Pork Riblet BBQ Sauce Sweet Potato Tots Corn with Black Beans</p> <p>Hamburger Bun</p> <p>Watermelon</p>
<p>24</p> <p>Eye of the Round Mushroom Gravy Whole Potatoes Carrots</p> <p>12 Grain Bread</p> <p>Pineapple Chunks</p>	<p>25</p> <p>Grape Juice BBQ Pork Loin BBQ Sauce Red Beans and Rice Spinach</p> <p>Corn Muffin Vanilla Chocolate Ice Cream Cup</p>	<p>26</p> <p>Cranberry Juice Philly Cheese Steak Onions and Peppers Tri-Color Pasta Salad Broccoli Slaw</p> <p>Sub Roll</p> <p>Peaches</p>	<p>27</p> <p>Baked Fish Tartar Sauce Sweet Potato 3 Bean Salad</p> <p>Rye Bread</p> <p>Banana</p>	<p>28</p> <p>Turkey Stew Egg Noodles Green Beans</p> <p>Multigrain Bread</p> <p>Fruit Cup</p>
<p>31</p> <p>Beef Barley Soup Unsalted Crackers BBQ Chicken Sandwich Pasta Spinach Salad Mexi-Corn</p> <p>Hamburger Bun</p> <p>Fruit Cocktail</p>				