

New Fairfield Senior

www.newfairfieldseniorcenter.com

January 2023

Hours: Mon-Thurs 9-4pm, Fri 9-3pm **203 312-5665**

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Happy New Years Senior Center Closed	9:30 Stitch by Stitch Quilting, 9:30 Walkers: Walking Video 9:30 Tai Chi\$ 1:00 Yoga\$, 1:00 Cards n Games 1:00 Mah Jongg, 1:30 Investments Club 2:00 Shooting Pool	9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion 11:00 Bronx Club Meeting 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards n Games, 1:00 Tech Help * 3:00 Prayers for Peace 5:15 Yoga\$	9:00 French 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 1:00 Cards n Games 1:00 Canasta, 3:00 Cornhole	10:00 Yoga\$ 10:00 Garden Club Meeting 10:00 Stitch by Stitch Quilting 10:00 Memoir Writing Class* 1:00 Fair Crafts 1:00 Movie: Witness
9	10	11	12	13
9:30 Zumba\$ 11:00 Bodies in Motion 11:30 Curbside Pickup for Lunch\$ 1:00 Tech Help by Appt.* 1:00 Hot Dog Bingo\$	8:30 Men's Breakfast 9:30 Stitch by Stitch Quilting 9:30 Tai Chi\$ 10:30 Walkers Club Meeting\$ 10:30 Khris Hall Listening Session* 1:00 Yoga\$, 1:00 Cards n Games 1:00 Mah Jongg, 1:00 Mr. Fix-It 1:30 Investment Club 2:00 Shooting Pool	9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards n Games, 1:00 Tech Help.* 1:00 Craft: Winter Hands Lotion Workshop* 2:00 Massages\$ 5:15 Yoga\$	9:00 French 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 CoA Listening Session* 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 12:00 Cooking w/ Puti: Chicken Soup* 1:00 Cards n Games 1:30 Lecture: Climate Change* 3:00 Cornhole	10:00 Yoga 10:00 Stitch by Stitch Quilting 10:00 Memoir Writing Class\$ 10-12pm Probate Judge Martin Landgrebe* Call In Appointment 1:00 Fair Crafts 1:00 Movie: 27 Dresses
16	17	18	19	20
Martin Luther King, Jr. Day Senior Center closed	9:30 Walkers: Walking Video 9:30 Stitch by Stitch Quilting, 9:30 Tai Chi\$, 1:00 Cards n Games 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Kathy's Discussion Group* 1:30 Investment Club, 2:00 Shooting Pool 2:00 HART bus meeting	9:30 Zumba\$ 10:00 Art Class\$ 10:00 Sit 'n Stitch, 11:00 Bodies in Motion, 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games 1:00 Tech Help by Appt.* 1:30 Bunco\$, 1:30 AA Really Works 3:00 Friends Meeting 5:15 Yoga\$	9:00 French 9:00 AAA Driver's Education 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 1:00 Painted Canyons Trip Presentation* 1:00 Cards n Games 3:00 Cornhole	10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 10:00 Memoir Writing Class\$ 1:00 Fair Crafts 1:00 Intuitive Readings 1:00 Movie: Secret Life of Bees
23	24	25	26	27
9:30 Zumba\$ 11:00 Bodies In Motion 11:30 Curbside Pickup for Lunch\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune*	9:00 Foot Reflexology\$ 9:30 Stitch by Stitch Quilting, 9:30 Tai Chi\$, 9:30 Walkers: Video 10:30 Khris Hall Listening Session* 1:00 Cards n Games 1:00 Yoga\$, 1:00 Mah Jongg 1:30 Downsizing* 1:30 Investment Club 2:00 Shooting Pool, 7:30 COA Meeting	9:30 Zumba\$ 10:00 Art Class\$ 10:00 Sit n St'itch, 11:00 Bodies in Motion, 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Lecture: P.T. Barnum 1:00 Cards n Games , 1:00 Tech Help by Appt.* 5:15 Yoga\$	9:00 French 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 11:00 Women's Book Club\$ 1:00 Cards n Games, 1:00 Canasta, 1:00 Low Vision* 3:00 Cornhole	10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 10:00 Memoir Writing Class\$ 1:00 Fair Crafts 1:00 Movie: The Greatest Showman 1:00 Foot Reflexology
30	31	COMING IN FEBRUARY		
9:30 Zumba\$ 11:00 Bodies In Motion 11:30 Curbside Pickup for Lunch\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune*	9:30 Stitch by Stitch Quilting, 9:30 Tai Chi\$, 9:30 Walkers: Video 1:00 Cards n Games 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Red Hat Luncheon\$ 1:30 Investment Club 2:00 Shooting Pool,	The White Elephant Auction Thursday, February 9 at 1:00 SNOWDATE: Monday, February 13		Caregiver's Group Meeting Saturday, January 7 at 10:00
				\$ indicates fees and pre-Registration required *indicates pre-registration Required Lunch requires reservation