

# New Fairfield Senior Center

[www.newfairfieldseniorcenter.com](http://www.newfairfieldseniorcenter.com)

# January 2022

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
9:30 Zumba\$ Zoom 11:30 Curbside Pickup for Lunch\$ 1:00 Tech Help by Appt.*	9:30 Stitch by Stitch Quilting, Zoom 1:00 Yoga\$ Zoom 1:30 Investments Club	9:30 Zumba\$ Zoom 11:00 Bronx Club Meeting Zoom 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 Sittercise, 1:00 Tech Help by Appt.* 5:15 Yoga\$ Zoom	9:00 French Zoom 9:30 Movers and Shapers\$ Zoom	10:00 Yoga\$ Zoom 10:00 Garden Club Meeting 10:30 Meditation Zoom
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
9:30 Zumba\$ Zoom 11:30 Curbside Pickup for Lunch\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune* Zoom <b>3:00 Downsized Gourmet Zoom*</b>	9:30 Stitch by Stitch Quilting Zoom <b>1:00 Margerie Reservoir Zoom Talk *</b> 1:00 Yoga\$, 1:00 Zoom 1:30 Investment Club	9:30 Zumba\$ Zoom 11:30-12:00 Curbside Pickup for Lunch\$ 1:00 Tech Help by Appt.* 5:15 Yoga\$ Zoom	9:00 French Zoom 9:30 Movers and Shapers\$, Zoom	10:00 Yoga Zoom 10-12pm <b>Probate Judge Martin Landgrebe* Call In Appointment</b> 10:30 Meditation Zoom
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>Martin Luther King, Jr. Day</b>  Senior Center closed	9:30 Walkers: 9:30 Stitch by Stitch Quilting, 9:30 Tai Chi\$, 10:00 Walkers: Video 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Kathy's Discussion Group* 1:30 Investment Club, 2:00 Shooting Pool	9:30 Zumba\$ 10:00 Painting Class\$ 10:00 Sit 'n Stitch, 11:00 Bodies in Motion, 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games <b>1:00 Tech Help by Appt.* 1:30 Bunco\$, 3:00 Friend's Meeting</b> 5:15 Yoga\$	9:00 French, 9:30 Movers and Shapers\$ 10:00 Drawing Class\$ 11:00 Bodies in Motion 1:00 Cards n Games 1:00 Canasta 3:00 Cornhole*	10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 10:30 Meditation 1:00 Fair Crafts <b>1:00 Movie: Places in the Heart</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
9:30 Zumba\$ 11:00 Bodies In Motion 11:30 Curbside Pickup for Lunch\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune*	9:30 Stitch by Stitch Quilting, 9:30 Tai Chi\$, 10:00 Walkers: Video <b>10:30 Khris Hall Listening Session*</b> 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Red Hat Luncheon\$ 1:30 Investment Club 2:00 Shooting Pool 7:30 COA Meeting	9:30 Zumba\$ 10:00 Painting Class\$ 10:00 Sit 'n Stitch, 11:00 Bodies in Motion, 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games , <b>1:00 Terry Lent: Integrated Nutrition: Balancing The Individual For Optimal Health*</b> 1:00 Tech Help by Appt.* 5:15 Yoga\$	<b>9:00 French</b> 9:30 Movers and Shapers \$ 10:00 Drawing Class \$ 11:00 Bodies In Motion, 11:00 Women's Book Club, <b>1:00 Cooking Class: Flan w/ Puti*</b> 1:00 Cards n Games 1:00 Canasta, 3:00 Cornhole*	10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 10:30 Meditation 1:00 Fair Crafts <b>1:00 Movie: Mr. Holland's Opus</b>
<b>31</b>				
9:30 Zumba\$ 11:00 Bodies In Motion 11:30 Curbside Pickup for Lunch\$ 12:30 Foot Reflexology\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune*	<i>Revised 12/21/2021</i>	<b>COMING IN FEBRUARY</b> <b>The White Elephant Auction</b> <b>Thursday, February 10 at 1:00</b> <b>SNOWDATE:</b> <b>Monday, February 14</b>	<b>Caregiver's Group</b> <b>Meeting</b> <b>Saturday, January 8</b> <b>at 10:00</b>	\$ indicates fees and pre-Registration required *indicates pre-registration Required Lunch requires reservation