

## HELPFUL RESOURCES

Social Security  
131 West Street, Danbury, CT 06810  
Phone 1-866 275-7821  
Fax (203) 792-4756

Medicare 877-267-2323

CT Department of Social Services  
Medicaid ( Title XIX)  
203 207-8900

Western CT Area Agency on Aging  
800 994-9422

Salvation Army—New Fairfield  
Cindy White—203 312-5669

Catholic Family Services  
Elderly Counseling in Office or Home  
203 743-4412

Jewish Family Services  
203 792-6353

Midwestern CT Council on Alcoholism  
203 792-4515

Regional Hospice of Western CT  
203 797-1685

CT Legal Services  
203 756-8074

**Personnel available to assist you**  
Director of Senior Services—Kathy Hull  
Senior Center Program Coordinator—Mary Carneiro  
Administrative Assistant—Judy Kearns  
203 312-5665  
  
Municipal Agent to the Elderly  
Cindy White  
203 312-5669

### EMERGENCY NUMBERS

POLICE  
FIRE 911  
AMBULANCE

POISON CONTROL  
1-800-222-1222



### IMPORTANT PHONE NUMBERS

CT Aging Services.....866 218-6631  
Consumer Protection.....800 842-2649  
Fuel Assistance  
    New Fairfield Social Services....203 312-5669  
Nutrition  
    Meals on Wheels.....800 994-9422  
    Senior Ctr lunch.....203 312-5665  
Senior Center.....203 312-5665  
Tax Relief.....203 312-5625  
Transportation  
    SweetHART Bus.....203 748-2511

## INFORMATION FOR SENIOR CITIZENS



Town  
of  
New Fairfield

## SENIOR CENTER

The New Fairfield Senior Center is open to all persons 60 years of age and older. It is located at 33 Route 37. Many daily activities and classes are offered including exercise classes, special events, interest groups, educational presentations, and parties.

The Center is open Monday through Thursday from 9:00 to 4:00 and on Friday from 9:00 to 3:00. The calendar of events is published in the Citizen News and on our website:

<http://www.newfairfieldseniorcenter.com/>

For more information call:  
203 312-5665

### OTHER SERVICES PROVIDED

- Volunteer Program  
-local volunteer opportunities
- Blood Pressure Screening
- Tax-Aide
- Medicare/Medicaid Assistance

Kathy Hull, Senior Center Director  
Mary Carneiro, Program Coordinator  
Judy Kearns, Administrative Assistant

## PARKS & RECREATION



New Fairfield Parks and Recreation offers  
New Fairfield Seniors 65 and older:

G.A.P. - Golden Age Pass  
Entitles seniors to free use of the Town  
Park Beach on Route 39 North

## NUTRITION & HEALTH

A noon meal is served Monday through Friday by for those 60 or older at the Senior Center. The suggested donation is \$2.00  
Reservations must be made no later than Thursday of the prior week.  
CALL 203 312-5665

### MEALS ON WHEELS

A noon meal plus a snack  
will be delivered to homebound seniors  
CALL 1 800 994-9422

Monthly BLOOD PRESSURE SCREENING  
is available at the Senior Center every third  
Wednesday of the month at 1:00 PM.

### SENIOR CENTER FITNESS CLASSES

Watch for a Schedule in the Citizen News on the  
last Wednesday of the month or visit  
<http://newfairfieldseniorcenter.com>

### SENIOR CENTER SPEAKERS ON HEALTH TOPICS

Watch for a Schedule in the Citizen News on the  
last Wednesday of the month or visit  
<http://newfairfieldseniorcenter.com>

## ORGANIZATIONS

### COMMISSION ON THE AGING

4th Tuesday of the month at 7:30 PM at the  
Senior Center. Membership is open to all ages  
and meetings are open to the public.

### FRIENDS OF THE SENIOR CENTER

3rd Wednesday of the month at 4:00 PM at the  
Senior Center  
Membership- ALL AGES

### ALL TOWN BOARDS and COMMISSIONS

Contact the Town Clerk for openings and  
application procedure

## TRANSPORTATION

SweetHART buses are available in New Fairfield  
to persons 60 and over and disabled persons of  
any age. A certification form must be filed.  
This is a door-to-door weekday service and  
reservations must be made in advance.

1-way fare: \$1.00

### For SweetHART Reservations

Call 748-2511

## ENERGY ASSISTANCE

Limited financial help for seniors who meet the  
eligibility requirements. Weatherization services.  
CALL 312-5669

## TAX RELIEF

HOMEOWNERS: Eligible residents should apply  
February 1st through May 15th at the Assessor's  
Office 203 312-5625. The decision is based on in-  
come and residency.

RENTERS: Eligible resident should apply May 15th  
through September 15th at the Assessor's Office  
203 312-5625. The decision is based on income and  
residency

## DROP OFF CENTER

Those 65 and older with passenger or combina-  
tion plates can obtain a pass for the reduced rate  
of \$5.00 with no additional cost for a second  
passenger vehicle.

REGULAR DROP OFF FEES STILL APPLY