

New Fairfield Senior Center

www.newfairfieldseniorcenter.com

August 2022

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
9:30 Zumba\$ 1 11:00 Bodies In Motion 11:30 Curbside Pickup for Lunch\$ 1:00 Hot Dog Bingo\$ 1:00 Tech Help by Appt.*	8:30 Men's Breakfast 2 9:00 Walkers: Meeting and walk New Fairfield 9:30 Tai Chi\$, 9:30 Stitch by Stitch Quilting, 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards, 1:30 Investments Club 2:00 Shooting Pool	9:30 Zumba\$ 3 10:00 Art Class\$ 10:00 Sit 'n Stitch, 11:00 Bodies in Motion, 11:00 Bronx Club Meeting* 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 12:30 Support Group, 1:00 Cards n Games 1:00 Tech Help by Appt.* 3:00 Prayers for Peace* 5:15 Yoga\$	9:00 French, 4 9:30 Movers and Shapers\$, 10:00 Blood Pressure Screening*, 10:00 Art Class\$, 11:00 Bodies In Motion, 1:00 Cards n Games 1:00 Canasta, 1:30 Trip Presentation: Spain's Classic* 3:00 Cornhole*	10:00 Yoga\$, 5 10:00 Garden Club Meeting 10:00 Q&A with Prafulla* 1:00 Fair Crafts, 1:00 Movie: Beaches 1:00 Kayaking
9:30 Zumba\$ 8 11:00 Bodies In Motion 11:30 Curbside Pickup for Lunch\$ 1:00 Tech Help by Appt.* 1:00 Mah Jongg 1:30 Wheel of Fortune 3:00 High Tea in Memory of Doreen	All Programs Cancelled Due To Primary Voting		9:00 French, 11 9:30 Movers and Shapers\$, 10:00 COA Listening Session*, 10:00 Blood Pressure Screening*, 10:00 Art Class\$, 11:00 Bodies In Motion, 1:00 Cards n Games 1:00 Canasta, 1:30 The White House Butler: Alan DeValerio 3:00 Cornhole*	10:00 Yoga 12 10-12pm Probate Judge Martin Landgrebe* 11:00 Skin Care with Cindy* 1:00 Fair Crafts, 1:00 Movie: Yours, Mine and Ours 1:00 Kayaking
9:30 Zumba\$ 15 11:00 Bodies In Motion 11:30 Curbside Pickup for Lunch\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune*	9:00 Walkers: Wooster Cemetery 16 9:30 Tai Chi\$, 9:30 Stitch by Stitch Quilting, 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Kathy's Discussion Group* 1:00 Cards, 1:30 Investment Club, 2:00 Shooting Pool	9:30 Zumba\$ 17 10:00 Art Class\$ 10:00 Sit 'n Stitch, 11:00 Bodies in Motion, 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 12:30 Support Group, 1:00 Cards n Games 1:00 Tech Help by Appt.* 1:30 Bunco\$, 4:00 Friend's Meeting, 5:15 Yoga\$	9:00 French, 18 9:30 Movers and Shapers\$ 10:00 Art Class\$, 10:00 Blood Pressure Screening 11:00 Bodies in Motion 1:00 Cards n Games 1:00 Canasta 1:30 Be Red Cross Ready* 3:00 Cornhole*	10:00 Yoga\$ 19 1:00 Fair Crafts 1:00 Grandparents Ice Cream Social* 1:00 Kayaking
22 7:30 Bus Departs for Holiday Hill 9:30 Zumba\$ 11:00 Bodies In Motion 11:30 Curbside Pickup for Lunch\$ 12:30 Foot Reflexology\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune*	9:00 Walkers: Sega Meadows NM 23 9:30 Tai Chi\$, 9:30 Stitch by Stitch Quilting, 10:30 Khris Hall Listening Session* 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards, 1:30 Investment Club 2:00 Floats and Boats* 2:00 Shooting Pool 7:30 COA Meeting	9:30 Zumba\$ 24 10:00 Art Class\$, 10:00 Sit 'n Stitch, 11:00 Bodies in Motion, 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games 1:30 Lowering Perscription Drug Cost* 1:00 Tech Help by Appt.* 5:15 Yoga\$	9:00 French 25 9:30 Movers and Shapers \$ 10:00 Art Class\$, 10:00 Blood Pressure Screening 11:00 Bodies In Motion, 11:00 Women's Book Club\$ 1:00 Cards n Games 1:00 Canasta 3:00 Cornhole*	10:00 Yoga\$ 26 1:00 Fair Crafts 1:00 Movie: Taking Woodstock 1:00 Kayaking
9:30 Zumba\$ 29 11:00 Bodies In Motion 11:30 Curbside Pickup for Lunch\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune*	9:00 Walkers: Brookfield Greenway 30 9:30 Tai Chi\$, 9:30 Stitch by Stitch Quilting, 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Red Hat Luncheon\$ 1:00 Cards 1:30 Investment Club 2:00 Shooting Pool	9:30 Zumba\$ 31 10:00 Art Class\$ 10:00 Sit 'n Stitch, 11:00 Bodies in Motion, 11:30-12:00 Curbside Pickup for Lunch\$ 12:30 HHQ Quilters, 12:30 Support Group, 12:30 Sittercise, 1:00 Cards n Games 1:00 Tech Help by Appt.* 5:15 Yoga\$	\$ indicates fees and pre-Registration required *indicates pre-registration Required Lunch requires reservation	
				Caregiver's Group Meeting Saturday, August 6 At 10:00 ----- PENNY SOCIAL August 14 at 12-4