

# New Fairfield Senior Center

[www.newfairfieldseniorcenter.com](http://www.newfairfieldseniorcenter.com)

# August 2021

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
9:30 Zumba\$ 11:00 Bodies in Motion 11:30-12 Curbside Pickup for Lunch\$, 1:00 Hot Dog Bingo* 1:00 Tech Help by Appt.*	<b>9:00 Walkers: Jericho Road, Sherman</b> 10:00 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 11:00 Garden Club Picnic –Off-Site 1:00 Gentle Yoga\$, 1:00 Mah Jongg 1:30 Investment Club, 2:00 Shooting Pool	<b>9:00 Blood Pressure Screening *</b> 9:30 Zumba\$ 10:00 Painting\$, 10:00 Sit n’ Stitch 11:00 Bodies in Motion, 11:00 Bronx Club Meeting, 11:00-12:00Curbside Pickup for Lunch\$, 12:30 HHQ Quilters, 1:00 Tech Help by Appt.* 1:00 Cards 1:00 Cribbage	9:00 French*, 9:30 Movers and Shapers\$, 10:00 Drawing Class\$, 11:00 Bodies In Motion, 1:00 Canasta 1:00 Cards 3:00 Cornhole	10:00 Moderate Yoga\$ 10:00 Garden Club Meeting Off Site 10:30 Meditation * <b>1:00 Movie: The Way, Way Back</b> <b>1:00 Crafts*</b> <b>1:30 Kayaking</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
9:30 Zumba\$ 11:00 Bodies in Motion 11:30-12 Curbside Pickup for Lunch\$, 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune	<b>9:30 Khris Hall Listening Session*</b> 10:00 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 10:30 Walkers Club Meeting 1:00 Mr. Fix It* 1:00 Gentle Yoga\$, 1:00 Mah Jongg 1:30 Investment Club, 2:00 Shooting Pool	9:00 Blood Pressure Screening * 9:30 Zumba\$ 10:00 Painting\$, 10:00 Sit n’ Stitch 11:00 Bodies in Motion, 11:00-12:00Curbside Pickup for Lunch\$, 12:30 HHQ Quilters, 1:00 Tech Help by Appt.* 1:00 Cards 1:00 Cribbage 2:00 Massages by Scott\$	9:00 French*, 9:30 Movers and Shapers\$, 10:00 Drawing \$ 10:00 COA Listening Session* 11:00 Bodies In Motion, 1:00 Canasta, 1:00 Cards <b>1:30 Science for Seniors: Evolution*</b> 3:00 Cornhole	10:00 Moderate Yoga\$, 10-12 Probate Judge Martin Lendgrebe* <b>1:00 Movie: Now and Then</b> 1:00 Crafts* 1:30 Kayaking
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
9:30 Zumba\$ 11:00 Bodies in Motion 11:30-12 Curbside Pickup for Lunch\$, 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune	9:00 Walkers: <b>John Jay Homestead Katonah</b> 10:00 Stitch by Stitch Quilting, <b>10:30 Tai Chi\$,</b> 1:00 Gentle Yoga\$, 1:00 Mah Jongg 1:00 Kathy’s Discussion Group* 1:30 Investment Club, 2:00 Shooting Pool	<b>9:00 Blood Pressure Screening*</b> 9:30 Zumba\$ <b>10:00 Sit n’ Stitch</b> <b>10:00 Painting\$</b> <b>11:00 Bodies in Motion,</b> <b>11:00-12:00Curbside Pickup for Lunch\$,</b> <b>12:30 HHQ,</b> <b>1:00 Using Apps on your Phone*</b> <b>1:00 Cards, 1:00 Cribbage</b> <b>4:00 Friends Meeting</b>	9:00 French*, 9:30 Movers and Shapers\$, 10:00 Drawing Class\$, 11:00 Bodies in Motion 1:00 Canasta <b>1:00 Floats and Boats*</b> <b>1:00 Cards</b> 3:00 Cornhole	10:00 Moderate Yoga\$ <b>1:00 Movie: Forgetting Sarah Marshall</b> <b>1:00 Crafts*</b> <b>1:30 Kayaking</b>
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>7:30 Bus Departs for Holiday Hill</b> 9:30 Zumba\$ 11:00 Bodies in Motion 11:30-12 Curbside Pickup for Lunch\$ 12:30 Foot Reflexology\$ 1:00 Tech Help by Appt.* 1:30 Wheel of Fortune	<b>9:00 Walkers:: Lake Gleneida</b> <b>9:30 Khris Hall Listening Session*</b> 10:00 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 1:00 Gentle Yoga\$, 1:00 Mah Jongg 1:30 Investment Club, 2:00 Shooting Pool 7:30 COA Meeting	9:00 Blood Pressure Screening * 9:30 Zumba\$ 10:00 Painting\$, 10:00 Sit N’ Stitch 11:00 Bodies in Motion, 11:00-12:00Curbside Pickup for Lunch\$, 12:30 HHQ Quilters, 1:00 Tech Help by Appt.* 1:00 Cards, 1:00 Cribbage <b>1:00 Bunco*</b>	9:00 French * 9:30 Movers and Shapers\$, 10:00 Drawing Class \$ 11:00 Bodies In Motion, 11:00 Women’s Book Club\$, 1:00 Canasta 1:00 Cards 3:00 Cornhole	10:00 Moderate Yoga\$ <b>1:00 Movie: The Last Summer</b> <b>1:00 Crafts*</b> <b>1:30 Kayaking</b>
<b>30</b>	<b>31</b>	\$ indicates fee and pre-registration required *Indicates Pre-registration required Lunch requires reservation		<b>Caregiver’s Group Meeting</b>  <b>Saturday, August 7</b>  <b>At 10:00</b>
9:30 Zumba\$ 11:00 Bodies in Motion 11:30-12:00 Curbside Pickup for Lunch\$ 1:00 Tech Help by Appt.* <b>1:30 Wheel of Fortune</b>	9:00 Walkers: <b>Brewster Train Trail</b> 10:00 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 1:00 Gentle Yoga\$, 1:00 Red Hat Luncheon* 1:00 Mah Jongg 1:30 Investment Club, 2:00 Shooting Pool			