

New Fairfield Senior Center


www.newfairfieldseniorcenter.com

August 2019

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>PENNY SOCIAL Sunday, August 11 12:00 – 4:00</p> 	<p>\$ indicates fee and pre-registration required * indicates pre-registration required Lunch requires reservation see other side for menu and info</p>	<p>This Month's Caregivers Program Will be Held on Saturday, August 31 at 10:00 AM</p>	<p>9:00 French 1 9:30 Movers and Shapers\$, 9:30 Bus Departs for Westchester\$, 10:00 Drawing Class\$, 10:45 Bodies In Motion, 12:00 Lunch, 1:00 Cards/Games, 1:00 Canasta 3:00 Computer Help*, 3:00 Cornhole*,</p>	<p>9:00 Yoga\$ 2 9:30 Stitch by Stitch Quilting 10:00 Garden Club Meeting 10:30 Bridge*, 12:00 Lunch, 1:00 Fair Craft, 1:00 Kayaking*, 1:00 Movie: The Untouchables</p>
<p>5 9:30 Zumba\$ 10:30 Mah Jongg 10:45 Bodies In Motion 12:00 Lunch 1:00 Pinochle 1:15 Hot Dog Bingo, 2:30 Piano Lessons\$, 5:15 Yoga\$</p>	<p>8:30 Mens Breakfast 6 9:30 Walkers Fairfield Hills\$, 9:30 Movers and Shapers\$ 9:30 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 10:30 Meditation*, 12:00 Lunch, 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards n Games, 1:00 Pinochle 1:30 Investment Club 2:30 Shooting Pool</p>	<p>7 9:00 Painting Class\$, 9:30 Zumba\$ 9:30 Spanish\$, 10:00 Sit 'n Stitch, 10:45 Bodies in Motion, 11:00 Bronx Club Meeting, 11:30 Brian on Piano, 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Cards n Games 2:00 Woodcarving</p>	<p>8 9:00 French, 9:00 BP Screening, 9:30 Movers and Shapers\$, 10:00 Drawing \$ 10:00 COA Listening Session*, 10:45 Bodies In Motion, 12:00 Lunch, 1:00 Cards n Games 1:00 Canasta, 1:00 Scrabble, 3:00 Cornhole*, 3:00 Computer Help*</p>	<p>9 9:00 Yoga\$, 9:30 Stitch by Stitch Quilting, 12:00 Probate Judge 10:30 Bridge*, 12:00 Lunch, 1:00 Fair Crafts, 1:00 Kayaking* 1:00 Movie: Mrs. Palfrey at the Claremont</p>
<p>12 9:30 Zumba \$ 10:30 Mah Jongg 10:45 Bodies in Motion 12:00 Lunch 1:00 Pinochle 1:00 Cards n Games, 2:30 Piano Lessons\$, 5:15 Yoga\$</p>	<p>13 9:30 Movers and Shapers 9:30 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 10:30 Meditation 10:30 Haircuts w/ Linda 203-512-5365\$, 10:30 Walker's Meeting, 11:45 Khris Hall Listening Session*, 12:00 Lunch, 1:00 Mr. Fix It*, 1:00 COA Visit 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Cards n Games, 1:00 Pinochle 1:30 Investment Club 2:30 Shooting Pool</p>	<p>14 9:00 Painting Class\$, 9:30 Zumba\$, 9:30 Spanish\$, 10:00 Sit 'n Stitch,, 10:45 Bodies in Motion, 12:00 Lunch, 12:30 HHQ, 12:45 Sittercise, 1:00 Cards n Games, 1:30 Grandparents Ice Cream Social*, 2:00 Massages by Scott 2:00 Woodcarving</p>	<p>15 9:00 French* 9:30 Movers and Shapers\$ 10:00 Drawing Class\$ 10:45 Bodies in Motion 12:00 Lunch, 1:00 Cards n Games, 1:00 Canasta 1:00 Scrabble 3:00 Computer Help* 3:00 Cornhole*</p>	<p>16 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting 10:30 Bridge* 12:00 Lunch, 1:00 Fair Crafts 1:00 Kayaking*, 1:00 Movie: My Life in Ruins 1:15 Bingo</p>
<p>19 9:30 Zumba\$, 10:30 Mah Jongg, 10:45 Bodies in Motion 12:00 Lunch 1:00 Pinochle 1:00 Cards n Games, 1:00 Flu Talk w/ Bethel VNA* 2:30 Piano Lessons\$, 5:15 Yoga\$</p>	<p>9:30 Walkers Harrybrook 20 9:30 Movers and Shapers 9:30 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 10:30 Meditation, 12:00 Lunch, 1:00 Blood Pressure, 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Cards n Games, 1:00 Pinochle 1:30 Investment Club, 2:00 Kathy's Discussion, 2:30 Shooting Pool</p>	<p>21 9:00 Painting Class\$, 9:30 Zumba\$, 9:30 Spanish\$, 10:00 Sit 'n Stitch. 10:45 Bodies in Motion, 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Cards and Games 1:00 Trip Presentation: Northern Lights* 2:00 Massages by Cathy\$ 2:00 Woodcarving 4:00 Friend's Meeting</p>	<p>22 9:00 French 9:30 Movers and Shapers \$ 10:00 Drawing Class \$ 10:45 Bodies In Motion, 12:00 Lunch, 1:00 Cards n Games 1:00 Canasta, 1:00 Scrabble 2:00 You're Only Old Once*, 3:00 Computer Help*</p>	<p>23 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting FINAL DAY FOR SCHOOL SUPPLIES 10:30 Bridge*, 12:00 Lunch 1:00 Cards n Games 1:00 Fair Crafts, 1:00 Kayaking* 1:00 Movie: Dumbo</p>
<p>26 9:30 Zumba\$ 10:30 Mah Jongg 10:45 Bodies in Motion 10:30 Foot Reflexology w/Kim Stewart 12:00 Lunch 1:00 Pinochle , 1:00 Cards n Games, 2:30 Piano Lessons\$, 5:15 Yoga\$</p>	<p>27 9:30 Stitch by Stitch Quilting 9:30 Movers and Shapers\$, 9:30 Walkers to Deer Pond Farms 10:30 Tai Chi\$, 10:30 Meditation 11:45 Khris Hall Listening Session*, 12:00 Lunch, 1:00 Pinochle*, 1:00 Red Hat Luncheon\$, 1:00 Yoga\$ 1:00 Mah Jongg., 1:00 Cards n Games, 1:30 Investment Club, 2:15 Singing Group*, 2:30 Shooting Pool 7:30 COA Meeting</p>	<p>28 9:00 Painting Class\$, 9:30 Zumba\$, 9:30 Spanish\$, 10:00 Sit 'n Stitch, 10:45 Bodies in Motion, 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Cards n Games 1:00 Bunco 2:00 Massages by Scott 2:00 Woodcarving</p>	<p>29 9:00 French 9:30 Movers and Shapers \$ 10:00 Drawing Class \$ 10:45 Bodies in Motion 12:00 Lunch, 1:00 New Moon* 1:00 Cards n Games 1:00 Canasta, 1:00 Scrabble 3:00 Tech Help* 3:00 Cornhole*</p>	<p>30 9:00 Yoga\$, 9:30 Stitch by Stitch Quilting, 10:30 Bridge*, 12:00 Lunch, 1:00 Fair Crafts, 1:00 Kayaking* 1:00 Movie: The Great Ziegfeld</p>