

New Fairfield Senior Center


www.newfairfieldseniorcenter.com

AUGUST 2018

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>\$ indicates fee and pre-registration required * indicates pre-registration required Lunch requires reservation see other side for menu and info</p>	<p>PENNY SOCIAL Sunday, August 12 12:00 – 4:00</p> 	<p>9:00 Painting Class\$, 1 9:30 Zumba\$ 10:00 Sit 'n Stitch, 10:45 Weight Training 11:00 Bronx Club Meeting, 11:30 Brian on Piano, 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Cards n Games</p>	<p>9:00 French, 2 9:30 Movers and Shapers\$, 10:00 Drawing Class\$ 10:45 Bodies In Motion, 12:00 Lunch, 1:00 Cards/Games, 1:00 Canasta , 3:00 Computer Help*</p>	<p>9:00 Yoga 3 9:30 Stitch by Stitch Quilting 10:00 Garden Club Meeting 10:30 Bridge*, 12:00 Lunch, 1:00 Fair Craft, 1:00 Kayaking 1:00 Movie: LBJ</p>
<p>6 9:30 Zumba\$ 10:30 Mah Jongg 10:45 Bodies In Motion 12:00 Lunch 1:00 Hot Dog Bingo\$ 2:30 Piano Lessons\$, 5:15 Yoga\$</p>	<p>8:30 Mens Breakfast 7 9:30 Movers and Shapers\$ 9:30 Walkers Deer Pond + American Pie, 9:30 Stitch by Stitch Quilting, 11:00 Your Electric Bill 10:30 Tai Chi\$, 12:00 Lunch, 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards n Games, 1:30 Investment Club 3:00 Shooting Pool</p>	<p>9:00 Painting Class\$, 8 9:30 Zumba\$ 10:00 Sit 'n Stitch, 10:45 Weight Training 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Grandparent Ice Cream Social*, 2:00 Massages by Scott</p>	<p>9:00 French, 9 9:00 BP Screening, 9:15 Bus Departs to Sheffield Island, 9:30 Movers and Shapers\$, 10:00 Drawing \$ 10:45 Bodies In Motion, 12:00 Lunch, 1:00 Cards n Games 1:00 Canasta 3:00 Computer Help*</p>	<p>9:00 Yoga\$, 10 10-12pm Probate Judge Martin Landgrebe 9:30 Stitch by Stitch Quilting, 10:30 Bridge*, 12:00 Lunch, 1:00 Fair Crafts, 1:00 Kayaking, 1:00 New Moon*, 1:00 Movie: Little Miss Sunshine</p>
<p>13 9:30 Zumba\$, , 10:30 Mah Jongg 10:45 Bodies in Motion 12:00 Lunch , 1:00 Bible Study 1:00 Cards n Games, 2:30 Piano Lessons\$, 5:15 Yoga\$</p>	<p>9:30 Movers and Shapers 9:30 Stitch by 14 Stitch Quilting, 10:30 Tai Chi\$, 10:30 Walker's Meeting, 11:00 Your Electric Bill, 12:00 Lunch, 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Cards n Games, 1:00 Mr. Fix It, 1:30 Investment club 2:00 Kathy's Discussion, 3:00 Shooting Pool</p>	<p>9:00 Painting Class\$, 15 9:30 Zumba\$ 10:00 Sit 'n Stitch 10:45 Weight Training, 12:00 Lunch, 12:30 HHQ, 12:45 Sittercise, 1:00 Cards n Games, 2:00 Massages by Scott 4:00 Friend's Meeting</p>	<p>9:00 French, 16 9:30 Movers and Shapers\$ 10:00 Drawing Class\$, 10:00 COA Visit, 10:45 Bodies in Motion 12:00 Lunch, 1:00 Cards n Games 1:00 Canasta 1:00 The Daughters of the King*, 3:00 Computer Help*</p>	<p>9:00 Yoga\$ 17 9:30 Stitch by Stitch Quilting 10-12:00 Flavio's Holistic Healing* 10:30 Bridge*, 12:00 Lunch, 1:00 Fair Crafts, 1:00 Kayaking 1:00 Movie: Baby Mama 1:15 Bingo</p>
<p>20 9:30 Zumba\$ 10:30 Mah Jongg 10:45 Bodies in Motion 12:00 Lunch, 1:00 Cards n Games, 1:00 Shingrix Vaccine Part 1*\$ 2:30 Piano Lessons\$, 5:15 Yoga\$</p>	<p>9:00 Walkers Putnam Park, 21 9:30 Movers and Shapers 9:30 Stitch by Stitch Quilting, 10:30 Tai Chi\$, 11:00 Your Electric Bill, 12:00 Lunch, 1:00 Blood Pressure Screening 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Cards n Games, 1:30 Investment Club 3:00 Shooting Pool</p>	<p>9:00 Painting Class\$, 22 9:30 Zumba\$ 10:00 Sit 'n Stitch. 10:45 Weight Training 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Cards and Games, 1:00 Photobooks with Kristen*,</p>	<p>9:00 French 23 9:30 Movers and Shapers \$ 10:00 Drawing Class \$ 10:45 Bodies In Motion, 12:00 Lunch, 1:00 Cards n Games 1:00 Canasta, 1:00 Essential Oils\$, 3:00 Computer Help*</p>	<p>9:00 Yoga\$ 24 9:30 Stitch by Stitch Quilting 10:30 Bridge*, 12:00 Lunch 1:00 Cards n Games 1:00 Fair Crafts, 1:00 Kayaking 1:00 Movie: Father of The Bride</p>
<p>27 9:30 Zumba\$ 10:00 Foot Reflexology w/Kim Stewart 10:30 Mah Jongg 10:45 Bodies in Motion 12:00 Lunch, 1:00 Cards n Games, 1:00 WCSU – APRN Orientation*, 2:30 Piano Lessons\$, 5:15 Yoga\$</p>	<p>9:00 Walk Ball Pond 28 9:30 Movers and Shapers\$ 9:30 Stitch by Stitch Quilting, 11:00 Your Electric Bill 10:30 Tai Chi\$, 12:00 Lunch, 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards n Games, 1:00 Red Hatters Luncheon, 1:30 Investment Club 3:00 Shooting Pool 7:30 COA Meeting</p>	<p>9:00 Painting Class\$, 29 9:30 Zumba\$ 10:00 Sit 'n Stitch. 10:45 Weight Training 12:00 Lunch, 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Cards and Games,</p>	<p>7:00 Bus departs to NYC 30 9:00 French, 9:30 Movers and Shapers\$, 10:00 Drawing Class\$ 10:45 Bodies In Motion, 12:00 Lunch, 1:00 Cards/Games, 1:00 Canasta , 3:00 Computer Help*</p>	<p>9:00 Yoga\$ 31 9:30 Stitch by Stitch Quilting 10:30 Bridge*, 12:00 Lunch 1:00 Cards n Games 1:00 Fair Crafts, 1:00 Kayaking 1:00 Movie: The Jane Austen Book Club</p>