

New Fairfield Senior Center




www.newfairfieldseniorcenter.com

April 2019

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

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Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Tax Aide 1 9:30 Zumba\$, 10:30 Mah Jongg 10:30 Bodies In Motion 12:00 Lunch*, 1:00 Investment Club 1:15 Hot Dog Bingo\$, 2:30 Piano Lessons\$, 5:15 Yoga\$	8:30 Men's Breakfast\$ 2 9:30 Movers and Shapers\$ 9:30 Stitch by Stitch Quilting, 10:00 Walkers go to Mill Pond Rd, 11:00 Your Electric Bill*, 10:30 Tai Chi\$, 12:00 Lunch*, 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards n Games, 1:00 Financial Transition* , 2:30 Shooting Pool	9:00 Painting Class\$, 3 9:30 Zumba\$ 10:00 Sit 'n Stitch. 10:30 Meditation*, 10:45 Weight Training , 11:00 Bronx Club 12:00 Lunch*, 12:30 HHQ Quilters, 12:30 Breavement Group* , 12:45 Sittercise, 1:00 Cards and Games, 1:00 Medication Safety with WCSU* 2:00 Woodcarving* , 3:00 Middle School Orchestra Concert*	9:00 French* 4 9:30 Movers & Shapers\$ 10:00 Drawing class\$ 10:45 Bodies in Motion, 12:00 Lunch*, 1:00 Cards/Games, 1:00 Canasta, 1:00 New Moon*, 2:00 Sweethart Bus Meeting* , 3:00 Computer Help* 4:00 Aging Mastery Graduation	9:00 Yoga\$ 5 9:00 Tax Aide 9:30 Stitch by Stitch Quilting 10:00 Garden Club Meeting 10:30 Bridge*, 12:00 Lunch*, 1:00 Fair Craft 1:00 Movie: Tea With A Dame
9:00 Tax Aide, 9:30 Zumba\$ 8 10:00 Commission on Aging Listening 10:30 Mah Jongg 10:30 Bodies In Motion, 12:00 Lunch* 1:00 Bible Study , 1:00 Cards & Games, 1:00 Investment Club 1:00 Project WET introduction 2:30 Piano Lessons\$, 5:15 Yoga\$	9:30 Movers and Shapers\$ 9 9:30 Stitch by Stitch Quilting, 10:30 Haircuts w/ Linda 203-512-5365\$, 10:30 Walkers Club Meeting, 10:30 Tai chi\$, 11:00 Your Electric Bill 12:00 Lunch* , 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards n Games, 1:00 Mr. Fix It* 1:00 Fall Prevention* , 2:30 Shooting Pool	9:00 Painting Class\$, 10 9:00 AARP Driving Class\$* , 9:30 Zumba\$, 10:00 Sit 'n Stitch, 10:30 Meditation*, 10:45 Weight Training , 11:30 Brian on Piano, 12:00 Lunch*, 12:30 HHQ Quilters, 12:30 Breavement * , 12:45 Sittercise, 1:00 Cards n Games, 1:00 Presentation: Christmas Markets* 2:00 Massages by Cathy\$*, 2:00 Woodcarving	9:00 French, 9:00 BP Screening, 11 9:30 Movers and Shapers\$, 10:00 Drawing \$ 10:45 Bodies In Motion\$, 11:00 Women's Book Club\$, 12:00 Lunch*, 1:00 Cards n Games 1:00 Canasta, 3:00 Computer Help*	9:00 Yoga\$, 12 10-12pm Probate Judge Martin Landgrebe* 9:30 Stitch by Stitch Quilting, 10:30 Bridge*, 12:00 Lunch*, 1:00 Fair Crafts, 1:00 Movie: Easter Parade
9:00 Tax Aide 15 9:30 Zumba\$, 10:30 Mah Jongg, 10:45 Bodies in Motion, 12:00 Lunch*, 1:00 Cards n Games, 1:00 Investment Club 1:00 Trip To Spring Valley* 2:30 Piano Lessons\$ 5:15 Yoga\$	9:30 Movers and Shapers\$, 16 9:30 Stitch by Stitch Quilting, 10:00 Walk, 10:30 Tai Chi\$, 11:00 Your Electric Bill*, 12:00 Lunch*, 1:00 Blood Pressure Screening, 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Cards n Games, Club, 2:00 Discussion Group, 2: 30 Shooting Pool	9:00 Painting Class\$, 17 9:30 Zumba\$, 10:00 Sit 'n Stitch, 10:30 Meditation*, 10:45 Weight Training, 12:00 Lunch*, 12:30 HHQ, 12:30 Breavement * , 12:45 Sittercise, 1:00 Cards n Games, 1:00 Sing Along with Charlie* , 2:00 Woodcarving* , 2:00 A Balance Class\$ 4:00 Friends Meeting	9:00 French, 18 9:30 Movers and Shapers\$ 10:00 Drawing Class\$ 10:45 Bodies in Motion 11:00 Women's Book Club\$ 12:00 Lunch*, 3:30 Mother/Daughter Tea	 Closed for Good Friday
9:30 Zumba\$ 22 10:00 Foot Reflexology w/Kim Stewart\$*\$ 10:30 Mah Jongg, 10:45 Bodies in Motion 12:00 Lunch* 1:00 Cards n Games, 1:00 Investment Club 1:00 Earth Day Celebration: The Aral Sea and Central Asian Ecological Problems* , 2:30 Piano Lessons\$, 5:15 Yoga\$	9:30 Movers and Shapers\$ 23 9:30 Stitch by Stitch Quilting, 10:00 Walk 10:30 Tai Chi\$, 11:00 Your Electric Bill* , 12:00 Lunch*, 1:00 Yoga\$ 1:00 Mah Jongg, 1:00 Cards n Games, 2:15 Singing Group*, 2:30 Shooting Pool, 7:30 Commission on Aging Meeting	9:00 Painting Class\$, 24 9:30 Zumba\$, 10:00 Sit 'n Stitch. 10:30 Meditation*, 10:45 Weight Training , 12:00 Lunch*, 12:30 HHQ Quilters, 12:45 Sittercise, 1:00 Cards and Games, 1:00 Elder Law Round Table* , 1:00 Bunco * , 2:00 A Balance Class\$, 2:00 Massages by Cathy\$* 2:00 Woodcarving*	9:00 French 25 9:30 Movers and Shapers \$ 10:00 Drawing Class \$ 10:45 Bodies In Motion, 12:00 Lunch*, 1:00 Cards n Games 1:00 Canasta, 1:00 Terry Lent* , 3:00 Computer Help*	9:00 Yoga\$ 26 9:30 Stitch by Stitch Quilting 10:30 Bridge*, 12:00 Lunch* 1:00 Fair Crafts 1:00 Movie: Love, The Coopers
9:30 Zumba\$ 29 10:30 Mah Jongg 10:45 Bodies in Motion 12:00 Lunch*, 1:00 Cards n Games, 1:00 Investment Club 2:00 Craft: Painted Flower Pots* 2:30 Piano Lessons\$ 5:15 Yoga\$	9:30 Movers and Shapers\$, 30 9:30 Stich by Stich Quilting, 10:00 Walk 10:30 Tai Chi\$, 11:00 Your Electric Bill*, 12:00 Lunch*, 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Cards n Games, 1:00 Red Hatters Luncheon\$, 2:30 Shooting Pool	 MOTHER/DAUGHTER TEA Thursday, April 18	COMING MAY 1 A FISHING DERBY 	\$ indicates fee and pre-registration required * indicates pre-registration required Lunch requires reservation see other side for menu and info