

# New Fairfield Senior Center

[www.newfairfieldseniorcenter.com](http://www.newfairfieldseniorcenter.com)



# APRIL 2018

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

Monday	Tuesday	Wednesday	Thursday	Friday
<p>9:00 AARP Tax Aid* <b>2</b></p> <p>9:30 Zumba\$</p> <p>10:30 Mah Jongg</p> <p>10:45 Bodies In Motion</p> <p>12:00 Lunch</p> <p><b>1:15 Hot Dog Bingo,</b></p> <p>2:30 Piano Lessons\$,</p> <p>5:15 Yoga\$</p>	<p>8:30 <b>Mens Breakfast</b> <b>3</b></p> <p>9:30 Movers and Shapers\$</p> <p>9:30 Stitch by Stitch Quilting,</p> <p>10:30 Tai Chi\$</p> <p>11:00 Your Electric Bill 12:00 Lunch,</p> <p>1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards n Games 1:30Investments Club1</p> <p><b>2:00 Sweethart Bus Meeting*</b></p> <p>3:00 Shooting Pool</p>	<p><b>9:00 National Walking Day</b> <b>4</b></p> <p>9:00 Painting Class\$,</p> <p>9:30 Zumba\$ 10:00 Sit n Stitch,</p> <p>10:00 An Hour With Mark Twain*,</p> <p>10:45 Weight Training 11:00 Bronx Club Meeting, 12:00 Lunch, 12:30 HHQ Quilters,</p> <p>12:45 Sittercise,1:00 Cards n Games,</p> <p><b>1:00 Essential Oils with Andrea*,</b></p> <p><b>2:30 Grace and Frankie Season 4</b></p>	<p>9:00 French, <b>5</b></p> <p>9:30 Movers and Shapers\$,</p> <p>10:00 Drawing Class\$</p> <p>10:45 Bodies In Motion,</p> <p>12:00 Lunch, 1:00 Cards/Games,</p> <p>1:00 Canasta,</p> <p><b>1:00 The Price Is Right*,</b></p> <p><b>2:00 Creative Writing\$,</b></p> <p><b>3:00 Computer Help*</b></p>	<p><b>6</b></p> <p>9:00 Yoga</p> <p>9:30 Stitch by Stitch Quilting</p> <p>10:00 Garden Club Meeting</p> <p>10:30 Bridge*,12:00 Lunch,</p> <p>1:00 Fair Craft</p> <p><b>1:00 Matter of Balance*,</b></p> <p><b>1:00 Movie: Battle of the Sexes</b></p>
<p>9:00 AARP Tax Aid * <b>9</b></p> <p>9:30 Zumba\$</p> <p>10:30 Mah Jongg</p> <p>10:45 Bodies In Motion</p> <p>12:00 Lunch</p> <p>1:00 Bible Study*,</p> <p>1:00 Cards n Games</p> <p>2:30 Piano Lessons\$,</p> <p><b>5:15 Yoga\$</b></p>	<p>Movers and Shapers\$ <b>10</b></p> <p>9:30 Stitch by Stitch Quilting,</p> <p>10:30 Haircuts w/ Linda 203-512-5365\$,</p> <p>10:30 Walker's Club Meeting,</p> <p>10:30 Tai Chi\$, 11:00 Your Electric Bill</p> <p>12:00 Lunch, , 1:00 Yoga\$, 1:00 Mah Jongg, 1:00 Cards n Games, 1:00 Mr. Fix It, 1:00 New Moon* , <b>1:00 COA Visit</b></p> <p>1:30 Investment Club 3:00 Shooting Pool</p>	<p>9:00 Painting Class\$, <b>11</b></p> <p>9:30 Zumba\$</p> <p>10:00 Sit 'n Stitch,</p> <p>10:45 Weight Training</p> <p>11:30 Brian on Piano,</p> <p>12:00 Lunch, 12:30 HHQ Quilters,</p> <p>12:45 Sittercise,1:00 Cards n Games</p> <p><b>1:00 Lincoln/Douglas /Debates with Mark*,2:00 Massages by Scott</b></p> <p>2:30 Grace and Frankie Season 4</p>	<p>9:00 French, <b>12</b></p> <p>9:00 BP Screening,</p> <p>9:30 Movers and Shapers\$,</p> <p>10:00 Drawing \$</p> <p>10:45 Bodies In Motion, 11:00 Women's Book Club, 12:00 Lunch,</p> <p>1:00 Cards n Games, 1:00 Canasta,</p> <p><b>2:00 Creative Writing\$,</b></p> <p>3:00 Computer Help*</p> <p><b>3:00 Middle School Orchestra and Jazz Band*</b></p>	<p>9:00 Yoga\$, <b>13</b></p> <p>10-12pm Probate Judge Martin Landgrebe</p> <p>9:30 Stitch by Stitch Quilting,</p> <p>10:30 Bridge*,</p> <p>12:00 Lunch,</p> <p>1:00 Fair Crafts,</p> <p><b>1:00 Matter of Balance*,</b></p> <p><b>1:00 Movie: Churchill Darkest Hour</b></p>
<p>9:00 AARP Tax Aid* <b>10</b></p> <p>9:30 Zumba\$,</p> <p>10:30 Mah Jongg</p> <p>10:45 Bodies in Motion</p> <p>12:00 Lunch ,</p> <p>1:00 Cards n Games,</p> <p><b>1:00 Origami*,</b></p> <p>2:30 Piano Lessons\$, 5:15 Yoga\$</p>	<p>9:30 Movers and Shapers <b>17</b></p> <p>9:30 Stitch by Stitch Quilting,</p> <p>10:30 Tai Chi\$,</p> <p>11:00 Your Electric Bill, 12:00 Lunch, ,</p> <p>1:00 Blood Pressure Screening</p> <p>1:00 Yoga\$, 1:00 Mah Jongg</p> <p>1:00 Cards n Games, 1:30 Investment Club 2:00 Kathy's Discussion,</p> <p>3:00 Shooting Pool</p>	<p>9:00 Painting Class\$, <b>18</b></p> <p>9:30 Zumba\$</p> <p>10:00 Sit 'n Stitch</p> <p>10:45 Weight Training, 12:00 Lunch, 12:30 HHQ, 12:45 Sittercise,</p> <p>1:00 Cards n Games,</p> <p><b>1:00 Elder Law Round Table*,</b></p> <p><b>2:30 Grace and Frankie Season 4,</b></p> <p><b>4:00 Friend's Meeting</b></p>	<p><b>8:00 Bus for Medieval Times</b> <b>19</b></p> <p>9:00 French,</p> <p>9:30 Movers and Shapers\$</p> <p>10:00 Drawing Class\$</p> <p>10:45 Bodies in Motion</p> <p>11:00 Women's Book Club</p> <p>12:00 Lunch, 1:00 Cards n Games,</p> <p>1:00 Canasta</p> <p>3:00 Computer Help*</p>	<p>9:00 Yoga\$ <b>20</b></p> <p>9:30 Stitch by Stitch Quilting</p> <p>10-12:00 Flavio's Holistic Healing*</p> <p>10:30 Bridge*,</p> <p>12:00 Lunch,</p> <p>1:00 Fair Crafts</p> <p><b>1:00 Matter of Balance*,</b></p> <p><b>1:00 Movie: Wonder</b></p>
<p>9:30 Zumb <b>23</b></p> <p>10:00 Foot Reflexology w/Kim Stewart\$</p> <p>10:30 Mah Jongg</p> <p>10:45 Bodies in Motion</p> <p>12:00 Lunch</p> <p>1:00 Cards n Games,</p> <p>2:30 Piano Lessons\$ 5:15 Yoga\$</p>	<p>9:30 Movers and Shapers <b>24</b></p> <p>9:30 Stitch by Stitch Quilting,</p> <p>10:30 Tai Chi\$, 11:00 Your Electric Bill,</p> <p>12:00 Lunch, 1:00 Yoga\$, 1:00 Mah Jongg <b>1:00 Memory and the Universe*,</b></p> <p>1:00 Cards n Games, 1:00 Red Hatters Luncheon 1:30 Investment Club,</p> <p>3:00 Shooting Pool</p>	<p>9:00 Painting Class\$, <b>25</b></p> <p>9:30 Zumba\$ 10:00 Sit 'n Stitch.</p> <p>10:45 Weight Training</p> <p>12:00 Lunch, 12:30 HHQ Quilters,</p> <p>12:45 Sittercise,1:00 Cards and Games,</p> <p><b>1:00 Savings That Makes "Cents" for Seniors*, 2:00 Massages by Scott</b></p> <p><b>2:30 Grace and Frankie Season 4</b></p>	<p>9:00 French <b>26</b></p> <p>9:30 Movers and Shapers \$</p> <p>10:00 Drawing Class \$</p> <p>10:45 Bodies In Motion,</p> <p>12:00 Lunch, 1:00 Cards n Games</p> <p>1:00 Canasta</p> <p><b>1:00 Flower Arranging\$,</b></p> <p>3:00 Computer Help*</p>	<p>9:00 Yoga\$ <b>27</b></p> <p>9:30 Stitch by Stitch Quilting</p> <p>10:30 Bridge*,</p> <p>12:00 Lunch</p> <p>1:00 Fair Crafts</p> <p><b>1:00 Matter of Balance*,</b></p> <p><b>1:00 Movie: Dunkirk</b></p>
<p>9:30 Zumba\$ <b>30</b></p> <p>10:30 Mah Jongg</p> <p>10:45 Bodies in Motion</p> <p>2:00 Lunch,</p> <p>1:00 Cards n Games,</p> <p>2:30 Piano Lessons\$</p> <p>5:15 Yoga\$</p>		<p><i>Befriend us on Facebook: New Fairfield Senior Center</i></p>		<p>\$ indicates fee and pre-registration required</p> <p>* indicates pre-registration required</p> <p>Lunch requires reservation see other side for menu and info</p>